



# WUAP World Records

## POWERLIFTING RAW

### WOMEN



Women	Open	TEENS	JUNIOR	M1 40-49	M2 50-59	M3 60-69	M4 70-74	M5 75+
52 kg	SQUAT	165,0	120,5	110,0	90,0	0,0	0,0	0,0
	BENCHPRESS	92,5	57,5	65,0	57,5	0,0	0,0	0,0
	DEADLIFT	160,0	125,5	125,0	125,0	0,0	0,0	0,0
	TOTAL	412,5	297,5	295,0	272,5	0,0	0,0	0,0
60 kg	SQUAT	165,0	135,0	150,0	127,0	117,5	70,5	40,0
	BENCHPRESS	102,5	61,0	73,0	75,0	72,5	37,5	30,0
	DEADLIFT	180,0	128,0	160,0	157,5	133,0	105,5	81,0
	TOTAL	440,0	318,5	375,0	360,0	305,0	210,5	150,0
67,5 kg	SQUAT	220,0	155,0	165,0	152,5	137,5	120,0	0,0
	BENCHPRESS	100,0	85,0	81,0	95,5	82,5	60,0	0,0
	DEADLIFT	212,5	170,0	162,5	190,0	152,5	180,0	0,0
	TOTAL	532,5	410,0	402,5	433,5	365,0	350,0	0,0
82,5 kg	SQUAT	220,0	165,0	180,0	200,0	105,0	135,0	0,0
	BENCHPRESS	147,5	95,0	100,0	118,0	115,0	80,0	0,0
	DEADLIFT	245,0	180,0	205,0	203,0	160,0	200,0	0,0
	TOTAL	612,5	440,0	475,0	500,0	380,0	415,0	0,0
82,5 + kg	SQUAT	222,5	100,0	147,5	130,0	167,5	0,0	0,0
	BENCHPRESS	140,0	65,0	75,0	100,0	105,0	0,0	0,0
	DEADLIFT	245,0	116,0	147,5	173,0	200,0	0,0	0,0
	TOTAL	607,5	275,0	370,0	378,0	467,5	0,0	0,0

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<b>WOMEN 52kg</b>	<b>OPEN</b>			
<b>SQUAT</b>	165,0	S.Alebić	BiH	WC24
<b>BENCH</b>	92,5	M.Golob	SLO	WC17
<b>DEADLIFT</b>	160,0	M.Golob	SLO	EC17
<b>TOTAL</b>	412,5	M.Golob	SLO	WC17

<b>WOMEN 60kg</b>	<b>OPEN</b>			
<b>SQUAT</b>	165,0	M.Schermer	GER	NC24
<b>BENCH</b>	102,5	M.Schermer	GER	NC24
<b>DEADLIFT</b>	180,0	C.Garhammer	SUI	EC17
<b>TOTAL</b>	440,0	M.Schermer	GER	NC24

<b>WOMEN 67,5kg</b>	<b>OPEN</b>			
<b>SQUAT</b>	220,0	D.Herber	GER	EC19
<b>BENCH</b>	100,0	D.Herber	GER	EC19
<b>DEADLIFT</b>	212,5	D.Herber	GER	EC19
<b>TOTAL</b>	532,5	D.Herber	GER	EC19

<b>WOMEN 82,5kg</b>	<b>OPEN</b>			
<b>SQUAT</b>	220,0	N.Otter	GER	WC17
<b>BENCH</b>	147,5	N.Otter	GER	WC17
<b>DEADLIFT</b>	245,0	N.Otter	GER	WC17
<b>TOTAL</b>	612,5	N.Otter	GER	WC17

<b>WOMEN 82,5+kg</b>	<b>OPEN</b>			
<b>SQUAT</b>	222,5	N.Otter	GER	EC17
<b>BENCH</b>	140,0	N.Otter	GER	EC17
<b>DEADLIFT</b>	245,0	N.Otter	GER	EC17
<b>TOTAL</b>	607,5	N.Otter	GER	EC17

<b>TEENS</b>			
120,5	V.Ďapková	SVK	EC24
57,5	T.Patelczyk	POL	EC18
125,5	V.Ďapková	SVK	EC24
297,5	T.Patelczyk	POL	EC18

<b>TEENS</b>			
135,0	L.Páčová	SVK	WC24
61,0	L.Páčová	SVK	WC24
128,0	L.Páčová	SVK	EC24
318,5	L.Páčová	SVK	EC24

<b>TEENS</b>			
155,0	M.Zemanova	CZE	EC19
85,0	M.Zemanova	CZE	EC19
170,0	M.Zemanova	CZE	EC19
410,0	M.Zemanova	CZE	EC19

<b>TEENS</b>			
165,0	P.Rakučáková	SVK	EC22
95,0	P.Rakučáková	SVK	EC22
180,0	P.Rakučáková	SVK	EC22
440,0	P.Rakučáková	SVK	EC22

<b>TEENS</b>			
100,0	L.Liptáková	SVK	EC24
65,0	L.Liptáková	SVK	EC24
116,0	L.Liptáková	SVK	WC24
275,0	L.Liptáková	SVK	EC24

<b>JUNIOR</b>			
110,0	B.Roksolana	UKR	EC19
65,0	M.Siwiek	GER	EC19
125,0	L.Tomai	HUN	EC24
295,0	L.Tomai	HUN	EC24

<b>JUNIOR</b>			
150,0	B.Kováčiková	SVK	WC18
73,0	L.Heigl	AUT	WC24
160,0	A.Savić	SRB	WC18
375,0	A.Savić	SRB	WC18

<b>JUNIOR</b>			
165,0	D.Kmeťová	SVK	WC18
81,0	H.Kovács	HUN	WC21
162,5	L.Rudločáková	SVK	WC24
402,5	D.Kmeťová	SVK	WC18

<b>JUNIOR</b>			
180,0	M. Lachmann	HUN	EC15
100,0	P.Rakučáková	SVK	WC24
205,0	P.Rakučáková	SVK	WC24
475,0	P.Rakučáková	SVK	WC24

<b>JUNIOR</b>			
147,5	S.Kupitz	USA	US21
75,0	S.Kupitz	USA	US21
147,5	S.Kupitz	USA	US21
370,0	S.Kupitz	USA	US21

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<b>WOMEN 52kg</b>	<b>M1 40-49</b>			
SQUAT	90,0	S.Schmidt	GER	WC24
BENCH	57,5	S.Schmidt	GER	WC24
DEADLIFT	125,0	S.Schmidt	GER	WC24
TOTAL	272,5	S.Schmidt	GER	WC24

<b>WOMEN 60kg</b>	<b>M1 40-49</b>			
SQUAT	127,0	M.Świrska	POL	WC21
BENCH	75,0	M.Świrska	POL	WC21
DEADLIFT	157,5	M.Świrska	POL	WC21
TOTAL	360,0	M.Świrska	POL	WC21

<b>WOMEN 67,5kg</b>	<b>M1 40-49</b>			
SQUAT	152,5	M. Baszo	Hun	WC17
BENCH	95,5	H.Tuba	HUN	WC21
DEADLIFT	190,0	M. Baszo	Hun	WC17
TOTAL	433,5	M. Baszo	Hun	WC17

<b>WOMEN 82,5kg</b>	<b>M1 40-49</b>			
SQUAT	200,0	E.Šimová	SVK	WC18
BENCH	118,0	M.Bazsó	HUN	EC23
DEADLIFT	203,0	M.Bazsó	HUN	EC23
TOTAL	500,0	E.Šimová	SVK	WC21

<b>WOMEN 82,5+kg</b>	<b>M1 40-49</b>			
SQUAT	130,0	A.Chromčová	SVK	EC24
BENCH	100,0	C.Busse	GER	WC24
DEADLIFT	173,0	A.Chromčová	SVK	EC24
TOTAL	378,0	A.Chromčová	SVK	EC24

<b>M2 50-59</b>			

<b>M2 50-59</b>			
117,5	K.Ferkel	HUN	WC21
72,5	J.Palecian	HUN	WC23
133,0	J.Palecian	HUN	WC23
305,0	J.Palecian	HUN	WC23

<b>M2 50-59</b>			
137,5	J. Burgland	USA	US15
82,5	J. Burgland	USA	US15
152,5	J. Burgland	USA	WC15
365,0	J. Burgland	USA	US15

<b>M2 50-59</b>			
105,0	K.Ribb	GER	WC21
115,0	K.Ribb	GER	WC21
160,0	K.Ribb	GER	WC21
380,0	K.Ribb	GER	WC21

<b>M2 50-59</b>			
167,5	L.Ritchie	USA	WC19
105,0	I.Gyorgy	HUN	WC21
200,0	L.Ritchie	USA	WC19
467,5	L.Ritchie	USA	WC19

<b>M3 60-69</b>			

<b>M3 60-69</b>			
70,5	K. Baranovicova	SVK	EC17
37,5	K. Baranovicova	SVK	EC17
105,5	K. Baranovicova	SVK	EC19
210,5	K. Baranovicova	SVK	EC17

<b>M3 60-69</b>			
120,0	K.Zajková	SVK	WC23
60,0	K.Zajková	SVK	WC23
180,0	K.Zajková	SVK	WC23
350,0	K.Zajková	SVK	WC23

<b>M3 60-69</b>			
135,0	K.Zajková	SVK	EC24
80,0	K.Zajková	SVK	EC24
200,0	K.Zajková	SVK	EC24
415,0	K.Zajková	SVK	EC24

<b>M3 60-69</b>			

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<b>WOMEN 52kg</b>	<b>M4 70-74</b>			
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

<b>M5 75+</b>			

<b>WOMEN 60kg</b>	<b>M4 70-74</b>			
SQUAT	40,0	K.Baranovičová	SVK	EC23
BENCH	30,0	K.Baranovičová	SVK	EC23
DEADLIFT	81,0	K.Baranovičová	SVK	EC23
TOTAL	150,0	K.Baranovičová	SVK	EC23

<b>M5 75+</b>			

<b>WOMEN 67,5kg</b>	<b>M4 70-74</b>			
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

<b>M5 75+</b>			

<b>WOMEN 82,5kg</b>	<b>M4 70-74</b>			
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

<b>M5 75+</b>			

<b>WOMEN 82,5+kg</b>	<b>M4 70-74</b>			
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

<b>M5 75+</b>			