



WUAP World Records

POWERLIFTING RAW

WOMEN



Women	Open	TEENS	JUNIOR	M1 40-49	M2 50-59	M3 60-69	M4 70-74	M5 75+
52 kg	SQUAT	160,0	120,5	110,0	72,5	0,0	0,0	0,0
	BENCHPRESS	92,5	57,5	65,0	45,0	0,0	0,0	0,0
	DEADLIFT	160,0	125,5	125,0	117,5	0,0	0,0	0,0
	TOTAL	412,5	297,5	295,0	232,5	0,0	0,0	0,0
60 kg	SQUAT	165,0	130,0	150,0	127,0	117,5	70,5	40,0
	BENCHPRESS	102,5	60,5	72,5	75,0	72,5	37,5	30,0
	DEADLIFT	180,0	128,0	160,0	157,5	133,0	105,5	81,0
	TOTAL	440,0	318,5	375,0	360,0	305,0	210,5	150,0
67,5 kg	SQUAT	220,0	155,0	165,0	152,5	137,5	120,0	0,0
	BENCHPRESS	100,0	85,0	81,0	95,5	82,5	60,0	0,0
	DEADLIFT	212,5	170,0	157,5	190,0	152,5	180,0	0,0
	TOTAL	532,5	410,0	402,5	433,5	365,0	350,0	0,0
82,5 kg	SQUAT	220,0	165,0	180,0	200,0	105,0	135,0	0,0
	BENCHPRESS	147,5	95,0	87,5	118,0	115,0	80,0	0,0
	DEADLIFT	245,0	180,0	180,0	203,0	160,0	200,0	0,0
	TOTAL	612,5	440,0	437,5	500,0	380,0	415,0	0,0
82,5 + kg	SQUAT	222,5	100,0	147,5	130,0	167,5	0,0	0,0
	BENCHPRESS	140,0	65,0	75,0	90,0	105,0	0,0	0,0
	DEADLIFT	245,0	115,0	147,5	173,0	200,0	0,0	0,0
	TOTAL	607,5	275,0	370,0	378,0	467,5	0,0	0,0

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WOMEN 52kg				
OPEN				
SQUAT	160,0	M.Golob	SLO	WC17
BENCH	92,5	M.Golob	SLO	WC17
DEADLIFT	160,0	M.Golob	SLO	EC17
TOTAL	412,5	M.Golob	SLO	WC17

WOMEN 60kg				
OPEN				
SQUAT	165,0	M.Schermer	GER	NC24
BENCH	102,5	M.Schermer	GER	NC24
DEADLIFT	180,0	C.Garhammer	SUI	EC17
TOTAL	440,0	M.Schermer	GER	NC24

WOMEN 67,5kg				
OPEN				
SQUAT	220,0	D.Herber	GER	EC19
BENCH	100,0	D.Herber	GER	EC19
DEADLIFT	212,5	D.Herber	GER	EC19
TOTAL	532,5	D.Herber	GER	EC19

WOMEN 82,5kg				
OPEN				
SQUAT	220,0	N.Otter	GER	WC17
BENCH	147,5	N.Otter	GER	WC17
DEADLIFT	245,0	N.Otter	GER	WC17
TOTAL	612,5	N.Otter	GER	WC17

WOMEN 82,5+kg				
OPEN				
SQUAT	222,5	N.Otter	GER	EC17
BENCH	140,0	N.Otter	GER	EC17
DEADLIFT	245,0	N.Otter	GER	EC17
TOTAL	607,5	N.Otter	GER	EC17

TEENS				
	120,5	V.Ďapková	SVK	EC24
	57,5	T.Patelczyk	POL	EC18
	125,5	V.Ďapková	SVK	EC24
	297,5	T.Patelczyk	POL	EC18

TEENS				
	130,0	L.Pačová	SVK	EC24
	60,5	L.Pačová	SVK	EC24
	128,0	L.Pačová	SVK	EC24
	318,5	L.Pačová	SVK	EC24

TEENS				
	155,0	M.Zemanova	CZE	EC19
	85,0	M.Zemanova	CZE	EC19
	170,0	M.Zemanova	CZE	EC19
	410,0	M.Zemanova	CZE	EC19

TEENS				
	165,0	P.Rakučáková	SVK	EC22
	95,0	P.Rakučáková	SVK	EC22
	180,0	P.Rakučáková	SVK	EC22
	440,0	P.Rakučáková	SVK	EC22

TEENS				
	100,0	L.Liptáková	SVK	EC24
	65,0	L.Liptáková	SVK	EC24
	115,0	L.Liptáková	SVK	EC24
	275,0	L.Liptáková	SVK	EC24

JUNIOR				
	110,0	B.Roksolana	UKR	EC19
	65,0	M.Siwiek	GER	EC19
	125,0	L.Tomai	HUN	EC24
	295,0	L.Tomai	HUN	EC24

JUNIOR				
	150,0	B.Kováčiková	SVK	WC18
	72,5	L.Foss	USA	AC14
	160,0	A.Savić	SRB	WC18
	375,0	A.Savić	SRB	WC18

JUNIOR				
	165,0	D.Kmeťová	SVK	WC18
	81,0	H.Kovács	HUN	WC21
	157,5	D.Kmeťová	SVK	WC18
	402,5	D.Kmeťová	SVK	WC18

JUNIOR				
	180,0	M.Lachmann	HUN	EC15
	87,5	T.Brodetska	UKR	EC18
	180,0	M.Lachmann	HUN	EC15
	437,5	M.Lachmann	HUN	EC15

JUNIOR				
	147,5	S.Kupitz	USA	US21
	75,0	S.Kupitz	USA	US21
	147,5	S.Kupitz	USA	US21
	370,0	S.Kupitz	USA	US21

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WOMEN 52kg	M1 40-49			
	SQUAT	72,5	H.Sargsyan	ARM EC22
	BENCH	45,0	Á.Papp	HUN WC21
	DEADLIFT	117,5	Á.Papp	HUN WC21
	TOTAL	232,5	Á.Papp	HUN WC21

WOMEN 60kg	M1 40-49			
	SQUAT	127,0	M.Świrska	POL WC21
	BENCH	75,0	M.Świrska	POL WC21
	DEADLIFT	157,5	M.Świrska	POL WC21
	TOTAL	360,0	M.Świrska	POL WC21

WOMEN 67,5kg	M1 40-49			
	SQUAT	152,5	M. Baszo	Hun WC17
	BENCH	95,5	H.Tuba	HUN WC21
	DEADLIFT	190,0	M. Baszo	Hun WC17
	TOTAL	433,5	M. Baszo	Hun WC17

WOMEN 82,5kg	M1 40-49			
	SQUAT	200,0	E.Šimová	SVK WC18
	BENCH	118,0	M.Bazsó	HUN EC23
	DEADLIFT	203,0	M.Bazsó	HUN EC23
	TOTAL	500,0	E.Šimová	SVK WC21

WOMEN 82,5+kg	M1 40-49			
	SQUAT	130,0	A.Chromčová	SVK EC24
	BENCH	90,0	C.Busse	GER EC24
	DEADLIFT	173,0	A.Chromčová	SVK EC24
	TOTAL	378,0	A.Chromčová	SVK EC24

M2 50-59			

M2 50-59			
117,5	K.Ferkel	HUN	WC21
72,5	J.Palecian	HUN	WC23
133,0	J.Palecian	HUN	WC23
305,0	J.Palecian	HUN	WC23

M2 50-59			
137,5	J. Burgland	USA	US15
82,5	J. Burgland	USA	US15
152,5	J. Burgland	USA	WC15
365,0	J. Burgland	USA	US15

M2 50-59			
105,0	K.Ribb	GER	WC21
115,0	K.Ribb	GER	WC21
160,0	K.Ribb	GER	WC21
380,0	K.Ribb	GER	WC21

M2 50-59			
167,5	L.Ritchie	USA	WC19
105,0	I.Gyorgy	HUN	WC21
200,0	L.Ritchie	USA	WC19
467,5	L.Ritchie	USA	WC19

M3 60-69			

M3 60-69			
70,5	K. Baranovicova	SVK	EC17
37,5	K. Baranovicova	SVK	EC17
105,5	K. Baranovicova	SVK	EC19
210,5	K. Baranovicova	SVK	EC17

M3 60-69			
120,0	K.Zajková	SVK	WC23
60,0	K.Zajková	SVK	WC23
180,0	K.Zajková	SVK	WC23
350,0	K.Zajková	SVK	WC23

M3 60-69			
135,0	K.Zajková	SVK	EC24
80,0	K.Zajková	SVK	EC24
200,0	K.Zajková	SVK	EC24
415,0	K.Zajková	SVK	EC24

M3 60-69			

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WOMEN 52kg	M4 70-74			
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

M5 75+			

WOMEN 60kg	M4 70-74			
SQUAT	40,0	K.Baranovičová	SVK	EC23
BENCH	30,0	K.Baranovičová	SVK	EC23
DEADLIFT	81,0	K.Baranovičová	SVK	EC23
TOTAL	150,0	K.Baranovičová	SVK	EC23

M5 75+			

WOMEN 67,5kg	M4 70-74			
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

M5 75+			

WOMEN 82,5kg	M4 70-74			
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

M5 75+			

WOMEN 82,5+kg	M4 70-74			
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

M5 75+			