



# WUAP World Records

## POWERLIFTING EQ

### MEN



<b>MEN</b>	<b>Open</b>	<b>TEENS</b>	<b>JUNIOR</b>	<b>M1 40-49</b>	<b>M2 50-59</b>	<b>M3 60-69</b>	<b>M4 70-74</b>	<b>M5 75+</b>	
<b>67,5 kg</b>	<b>SQUAT</b>	300,0	245,0	250,0	232,5	205,0	185,0	140,0	100,0
	<b>BENCHPRESS</b>	175,0	150,0	155,0	135,0	141,0	112,5	106,5	73,0
	<b>DEADLIFT</b>	250,5	215,0	240,0	232,0	233,0	190,0	184,0	122,5
	<b>TOTAL</b>	700,0	605,0	615,0	575,0	552,5	457,5	427,5	293,0
<b>82,5 kg</b>	<b>SQUAT</b>	333,0	285,0	310,0	280,0	295,0	265,0	217,5	165,0
	<b>BENCHPRESS</b>	260,0	170,0	205,0	187,5	190,0	166,0	147,5	102,5
	<b>DEADLIFT</b>	301,0	260,0	270,0	280,0	245,0	250,0	200,0	180,0
	<b>TOTAL</b>	866,5	685,0	760,5	710,0	700,0	630,0	565,0	445,0
<b>95 kg</b>	<b>SQUAT</b>	367,5	320,0	360,0	332,5	305,0	275,0	200,0	150,0
	<b>BENCHPRESS</b>	260,0	190,0	230,0	250,0	220,0	182,5	142,5	80,0
	<b>DEADLIFT</b>	337,5	300,0	302,5	295,0	270,5	260,0	218,0	170,0
	<b>TOTAL</b>	890,0	770,0	890,0	840,0	742,5	707,5	560,0	400,0
<b>110 kg</b>	<b>SQUAT</b>	400,0	340,0	330,5	360,0	340,0	300,0	150,0	0,0
	<b>BENCHPRESS</b>	320,0	225,0	265,0	272,5	250,0	185,0	105,0	0,0
	<b>DEADLIFT</b>	335,0	307,5	320,0	300,0	300,5	282,5	160,0	0,0
	<b>TOTAL</b>	990,0	850,0	860,5	855,0	815,5	750,0	415,0	0,0
<b>125 kg</b>	<b>SQUAT</b>	437,5	350,0	402,5	400,0	355,0	235,0	0,0	0,0
	<b>BENCHPRESS</b>	325,0	235,0	257,5	272,5	240,0	95,0	0,0	0,0
	<b>DEADLIFT</b>	340,0	280,0	330,0	320,0	325,0	235,0	0,0	0,0
	<b>TOTAL</b>	1062,5	825,0	940,0	965,0	895,0	565,0	0,0	0,0
<b>125+ kg</b>	<b>SQUAT</b>	480,0	337,5	300,0	412,5	340,0	0,0	0,0	0,0
	<b>BENCHPRESS</b>	362,5	265,0	240,0	290,0	205,0	0,0	0,0	0,0
	<b>DEADLIFT</b>	382,5	300,0	272,5	348,0	282,5	0,0	0,0	0,0
	<b>TOTAL</b>	1200,0	830,0	777,5	1032,5	795,0	0,0	0,0	0,0

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#### MEN 67,5 kg

OPEN				
SQUAT	300,0	M. Mette	Ger	W09
BENCH	175,0	E. Bačinský	Svk	W05
DEADLIFT	250,5	M. Mette	Ger	WC09
TOTAL	700,0	M. Mette	Ger	W09

TEENS				
245,0	L. Seifert	Ger	W14	
150,0	L. Seifert	Ger	W14	
215,0	Kildow	USA	2001	
605,0	L. Seifert	Ger	W14	

JUNIOR				
250,0	J. Habardik	Svk	W09	
155,0	D. Jurč	Svk	E14	
240,0	J. Habardik	Svk	E08	
615,0	J. Habardik	Svk	W09	

#### MEN 82,5 kg

OPEN				
SQUAT	333,0	D.Tatarka	SVK	WM18
BENCH	260,0	Whales	USA	2001
DEADLIFT	301,0	A. Shaloha	Ukr	WC12
TOTAL	866,5	A. Shaloha	Ukr	WC12

TEENS				
285,0	O. Meinyk	Ukr	WC09	
170,0	O. Meinyk	Ukr	WC09	
260,0	O. Zipa	Ukr	WC11	
685,0	O. Meinyk	Ukr	WC09	

JUNIOR				
310,0	D. Mahovský	CZE	EM15	
205,0	F. Stanko	Svk	E13	
270,0	D. Bendek	Svk	W11	
760,5	D. Mahovský	CZE	EM15	

#### MEN 95 kg

OPEN				
SQUAT	367,5	B. Beanland	USA	W11
BENCH	260,0	H. Pignitter	Aut	E12
DEADLIFT	337,5	E. Lilliebridge Jr	USA	US14
TOTAL	890,0	D. Kharchenko	Ukr	WC12

TEENS				
320,0	N. Stoll	Ger	E06	
190,0	N. Stoll	Ger	E06	
300,0	N. Stoll	Ger	E06	
770,0	N. Stoll	Ger	E06	

JUNIOR				
360,0	D. Kharchenko	Ukr	WC12	
230,0	D. Kharchenko	W12	WC12	
302,5	A. Zipa	Ukr	WC12	
890,0	D. Kharchenko	Ukr	WC12	

#### MEN 110 kg

OPEN				
SQUAT	400,0	D. Kurila	Svk	E13
BENCH	320,0	C. Czégény	Hun	WC11
DEADLIFT	335,0	V. Rozhanskiy	Ukr	WC12
TOTAL	990,0	C. Czégény	Hun	WC11

TEENS				
340,0	J. Vrábel	Svk	E14	
225,0	J. Vrábel	Svk	E14	
307,5	Fitz	USA	2001	
850,0	J. Vrábel	Svk	E14	

JUNIOR				
330,5	E. Jaškanič	Svk	W13	
265,0	M. Sobota	Svk	W10	
320,0	E. Jaškanič	Svk	W13	
860,5	E. Jaškanič	Svk	W13	

#### MEN 125 kg

OPEN				
SQUAT	437,5	R. Kruse	Ger	W09
BENCH	325,0	M. Košnar	Cz	W13
DEADLIFT	340,0	R. Kaděra	Cz	E12
TOTAL	1062,5	M. Košnar	Cz	WC10

TEENS				
350,0	D. Eberhart	Ch	E12	
235,0	D. Eberhart	Ch	E12	
280,0	Á. Labát	Svk	WC12	
825,0	D. Eberhart	Ch	E12	

JUNIOR				
402,5	P. Navara	CZ	E14	
257,5	P. Navara	CZ	E14	
330,0	R. Lafner	Aut	WC08	
940,0	P. Navara	CZ	E14	

#### MEN 125+ kg

OPEN				
SQUAT	480,0	V. Češka	CZE	WM16
BENCH	362,5	V. Češka	CZE	WM17
DEADLIFT	382,5	S. Oleolenko	Ukr	Wc10
TOTAL	1200,0	V. Češka	CZE	WM17

TEENS				
337,5	R. Bulmash	USA	US10	
265,0	T. Brown	USA	US09	
300,0	E. Karácsondi	Hun	E13	
830,0	E. Karácsondi	Hun	E13	

JUNIOR				
300,0	J. Šleis	Cz	W08	
240,0	T. Brown	USA	W11	
272,5	J. Šleis	Cz	W08	
777,5	J. Šleis	Cz	W08	

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#### MEN 67,5 kg

M1 40-49				
SQUAT	232,5	M.Mette	GER	WM17
BENCH	135,0	R. Karkuschke	Ger	W08
DEADLIFT	232,0	Robinson	USA	2002
TOTAL	575,0	Edmonson	USA	2001

#### MEN 82,5 kg

M1 40-49				
SQUAT	280,0	K. Rooch	Ger	W04
BENCH	187,5	R. Siska	Svk	W13
DEADLIFT	280,0	Lynch	USA	2001
TOTAL	710,0	Lynch	USA	2001

#### MEN 95 kg

M1 40-49				
SQUAT	332,5	Z. Turowski	Pol	E11
BENCH	250,0	M.Diggers	USA	US10
DEADLIFT	295,0	M.Diggers	USA	US10
TOTAL	840,0	M.Diggers	USA	US10

#### MEN 110 kg

M1 40-49				
SQUAT	360,0	R. Döhne	Ger	E09
BENCH	272,5	R.Paden	USA	W11
DEADLIFT	300,0	E.Daurer	AUT	WM18
TOTAL	855,0	L. Kupcsik	Hun	W09

#### MEN 125 kg

M1 40-49				
SQUAT	400,0	R. Kruse	Ger	W12
BENCH	272,5	O. Hudák	Svk	WM16
DEADLIFT	320,0	O. Hudák	Svk	EM16
TOTAL	965,0	O. Hudák	Svk	EM16

#### MEN 125+ kg

M1 40-49				
SQUAT	412,5	M. Zehethofer	AUT	EM19
BENCH	290,0	M.Zehethofer	AUT	WM17
DEADLIFT	348,0	M.Zehethofer	AUT	WM16
TOTAL	1032,5	M. Zehethofer	AUT	EM19

M2 50-59				
	205,0	Charles	USA	2001
	141,0	K. Rooch	Ger	W13
	233,0	M. Heindl	Aut	E07
	552,5	M. Heindl	Aut	W06

M2 50-59				
	295,0	S. Hoza	Cz	E08
	190,0	A.Frič	SVK	EC24
	245,0	Santee	USA	2000
	700,0	A.Frič	SVK	EC24

M2 50-59				
	305,0	S. Hoza	Cz	EL09
	220,0	J. Sztanke	Hun	W09
	270,5	P. Rathke	Ger	W14
	742,5	P. Rathke	GER	EM15

M2 50-59				
	340,0	G. Hatfield	USA	US12
	250,0	J. Flett	Ger	E13
	300,5	I.Levický	SVK	EC24
	815,5	G. Hatfield	USA	US11

M2 50-59				
	355,0	T. Bowman	USA	US10
	240,0	R.Radusinović	HRV	WM23
	325,0	R.Radusinović	HRV	WM21
	895,0	R.Radusinović	HRV	WM23

M2 50-59				
	340,0	Magee	USA	2001
	205,0	Magee	USA	2001
	282,5	B.Huber	USA	US17
	795,0	Magee	USA	2001

M3 60-69				
	185,0	Glass	USA	2000
	112,5	B. Mullan	UK	W04
	190,0	E. Milan	USA	W11
	457,5	B. Mullan	UK	W04

M3 60-69				
	265,0	JP Chamburland	Fra	E12
	166,0	W. Hökendorf	Ger	W13
	250,0	J. Bejgrowicz	Pol	Wc13
	630,0	H.J. Kaule	Ger	WC14

M3 60-69				
	275,0	J. Rouse	USA	2003
	182,5	J. Rouse	USA	2003
	260,0	S. Sochanski	Pol	WM16
	707,5	J. Rouse	USA	2003

M3 60-69				
	300,0	J. Sztanke	Hun	E14
	185,0	K.Slosarek	GER	WM22
	282,5	Sandberg	USA	2001
	750,0	Sandberg	USA	2001

M3 60-69				
	235,0	M. Brown	UK	W02
	95,0	M. Brown	UK	W02
	235,0	M. Brown	UK	W02
	565,0	M. Brown	UK	W02

M3 60-69				

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#### MEN 67,5 kg

	M4 70-74			
SQUAT	140,0	Kawasaki	USA	2000
BENCH	106,5	Kawasaki	USA	2000
DEADLIFT	184,0	Kawasaki	USA	2000
TOTAL	427,5	Kawasaki	USA	2000

	M5 75+			
	100,0	C. Keszthelyi	Hun	W08
	73,0	C. Keszthelyi	Hun	WC08
	122,5	C. Keszthelyi	Hun	WC08
	293,0	C. Keszthelyi	Hun	WC08

#### MEN 82,5 kg

	M4 70-74			
SQUAT	217,5	J. Rouse	USA	W11
BENCH	147,5	J. Rouse	USA	W11
DEADLIFT	200,0	J. Rouse	USA	W11
TOTAL	565,0	J. Rouse	USA	W11

	M5 75+			
	165,0	G. Tschierschky	Ger	W09
	102,5	Upton	USA	2000
	180,0	G. Tschierschky	Ger	W09
	445,0	G. Tschierschky	Ger	W09

#### MEN 95 kg

	M4 70-74			
SQUAT	200,0	J. Rouse	USA	US11
BENCH	142,5	J. Rouse	USA	US11
DEADLIFT	218,0	J. Rouse	USA	US11
TOTAL	560,0	J. Rouse	USA	US11

	M5 75+			
	150,0	G. Tschierschky	Ger	WC10
	80,0	G. Tschierschky	Ger	WC10
	170,0	G. Tschierschky	Ger	WC10
	400,0	G. Tschierschky	Ger	WC10

#### MEN 110 kg

	M4 70-74			
SQUAT	150,0	LB. Baker	USA	W11
BENCH	105,0	LB. Baker	USA	W11
DEADLIFT	160,0	LB. Baker	USA	W11
TOTAL	415,0	LB. Baker	USA	W11

	M5 75+			

#### MEN 125 kg

	M4 70-74			
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

	M5 75+			

#### MEN 125+ kg

	M4 70-74			
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

	M5 75+			