



WUAP European Records

POWERLIFTING EQ

MEN



MEN
67,5 kg

	Open	TEENS	JUNIOR	M1 40-49	M2 50-59	M3 60-69	M4 70-74	M5 75+
SQUAT	300,0	245,0	250,0	232,5	201,0	175,0	95,5	100,0
BENCHPRESS	175,0	150,0	155,0	135,0	141,0	112,5	72,5	73,0
DEADLIFT	250,5	210,0	240,0	230,0	233,0	170,0	125,0	122,5
TOTAL	700,0	605,0	615,0	553,0	552,5	457,5	280,0	293,0

82,5 kg

SQUAT	333,0	285,0	310,0	280,0	295,0	265,0	170,0	165,0
BENCHPRESS	252,5	170,0	205,0	187,5	190,0	166,0	145,0	100,0
DEADLIFT	301,0	260,0	270,0	250,0	241,0	250,0	180,0	180,0
TOTAL	866,5	685,0	760,5	690,0	700,0	630,0	450,0	445,0

95 kg

SQUAT	360,0	320,0	360,0	332,5	305,0	240,0	0,0	150,0
BENCHPRESS	260,0	190,0	230,0	210,0	220,0	125,0	0,0	80,0
DEADLIFT	322,5	300,0	302,5	290,5	270,5	252,5	0,0	170,0
TOTAL	890,0	770,0	890,0	786,0	742,5	597,5	0,0	400,0

110 kg

SQUAT	400,0	340,0	330,5	360,0	311,0	300,0	120,0	0,0
BENCHPRESS	320,0	225,0	265,0	252,5	250,0	185,0	0,0	0,0
DEADLIFT	335,0	300,0	320,0	300,0	300,5	260,0	145,0	0,0
TOTAL	990,0	850,0	860,5	855,0	782,5	715,0	365,0	0,0

125 kg

SQUAT	437,5	350,0	402,5	400,0	345,0	235,0	0,0	0,0
BENCHPRESS	325,0	235,0	257,5	272,5	240,0	95,0	0,0	0,0
DEADLIFT	340,0	280,0	330,0	320,0	325,0	235,0	0,0	0,0
TOTAL	1062,5	825,0	940,0	965,0	895,0	565,0	0,0	0,0

125+ kg

SQUAT	480,0	300,0	300,0	412,5	225,0	0,0	0,0	0,0
BENCHPRESS	362,5	230,0	205,0	290,0	201,5	0,0	0,0	0,0
DEADLIFT	382,5	300,0	272,5	348,0	250,5	0,0	0,0	0,0
TOTAL	1200,0	830,0	777,5	1032,5	677,0	0,0	0,0	0,0

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OPEN				
SQUAT	300,0	M. Mette	Ger	W09
BENCH	175,0	E. Bačinský	Svk	W05
DEADLIFT	250,5	M. Mette	Ger	WC09
TOTAL	700,0	M. Mette	Ger	W09

MEN 82,5 kg

OPEN				
SQUAT	333,0	D.Tatarka	SVK	WM18
BENCH	252,5	J. Čičvara	Svk	E14
DEADLIFT	301,0	A. Shaloha	Ukr	WC12
TOTAL	866,5	A. Shaloha	Ukr	WC12

MEN 95 kg

OPEN				
SQUAT	360,0	D. Kharchenko	Ukr	WC12
BENCH	260,0	H. Pignitter	Aut	E12
DEADLIFT	322,5	I. Umerenkov	Rus	W08
TOTAL	890,0	D. Kharchenko	Ukr	WC12

MEN 110 kg

OPEN				
SQUAT	400,0	D. Kurila	Svk	E13
BENCH	320,0	C. Czégény	Hun	WC11
DEADLIFT	335,0	V. Rozhanskiy	Ukr	WC12
TOTAL	990,0	C. Czégény	Hun	WC11

MEN 125 kg

OPEN				
SQUAT	437,5	R. Kruse	Ger	W09
BENCH	325,0	M. Košnar	Cz	W13
DEADLIFT	340,0	R. Kaděra	Cz	E12
TOTAL	1062,5	M. Košnar	Cz	WC10

MEN 125+ kg

OPEN				
SQUAT	480,0	V. Češka	CZE	WM16
BENCH	362,5	V. Češka	CZE	WM17
DEADLIFT	382,5	S. Oleolenko	Ukr	Wc10
TOTAL	1200,0	V. Češka	CZE	WM17

TEENS				
	245,0	L. Seifert	Ger	W14
	150,0	L. Seifert	Ger	W14
	210,0	L. Seifert	Ger	W14
	605,0	L. Seifert	Ger	W14

TEENS				
	285,0	O. Meinyk	Ukr	WC09
	170,0	O. Meinyk	Ukr	WC09
	260,0	O. Zipa	Ukr	WC11
	685,0	O. Meinyk	Ukr	WC09

TEENS				
	320,0	N. Stoll	Ger	E06
	190,0	N. Stoll	Ger	E06
	300,0	N. Stoll	Ger	E06
	770,0	N. Stoll	Ger	E06

TEENS				
	340,0	J. Vrábel	Svk	E14
	225,0	J. Vrábel	Svk	E14
	300,0	E. Jaškanič	Svk	E12
	850,0	J. Vrábel	Svk	E14

TEENS				
	350,0	D. Eberhart	Ch	E12
	235,0	D. Eberhart	Ch	E12
	280,0	Á. Labát	Svk	WC12
	825,0	D. Eberhart	Ch	E12

TEENS				
	300,0	E. Karácsondi	Hun	E13
	230,0	E. Karácsondi	Hun	E13
	300,0	E. Karácsondi	Hun	E13
	830,0	E. Karácsondi	Hun	E13

JUNIOR				
	250,0	J. Habardik	Svk	W09
	155,0	D. Jurč	Svk	E14
	240,0	J. Habardik	Svk	E08
	615,0	J. Habardik	Svk	W09

JUNIOR				
	310,0	D. Mahovský	CZE	EM15
	205,0	F. Stanko	Svk	E13
	270,0	D. Bendek	Svk	W11
	760,5	D. Mahovský	CZE	EM15

JUNIOR				
	360,0	D. Kharchenko	Ukr	WC12
	230,0	D. Kharchenko	W12	WC12
	302,5	A. Zipa	Ukr	WC12
	890,0	D. Kharchenko	Ukr	WC12

JUNIOR				
	330,5	E. Jaškanič	Svk	W13
	265,0	M. Sobota	Svk	W10
	320,0	E. Jaškanič	Svk	W13
	860,5	E. Jaškanič	Svk	W13

JUNIOR				
	402,5	P. Navara	CZ	E14
	257,5	P. Navara	CZ	E14
	330,0	R. Lafner	Aut	WC08
	940,0	P. Navara	CZ	E14

JUNIOR				
	300,0	J. Šleis	Cz	W08
	205,0	J. Šleis	Cz	W08
	272,5	J. Šleis	Cz	W08
	777,5	J. Šleis	Cz	W08

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MEN 67,5 kg	M1 40-49	232,5	M.Mette	GER	WM17
	SQUAT	135,0	R. Karkuschke	Ger	W08
	BENCH	230,0	M. Heindl	Aut	W99
	DEADLIFT	553,0	M.Mette	GER	WM17
TOTAL					
MEN 82,5 kg	M1 40-49	280,0	K. Rooch	Ger	W04
	SQUAT	187,5	R. Siska	Svk	W13
	BENCH	250,0	A. Mák	Hun	WC11
	DEADLIFT	690,0	K. Rooch	Ger	W04
TOTAL					
MEN 95 kg	M1 40-49	332,5	Z. Turowski	Pol	E11
	SQUAT	210,0	D.Kaufmann	GER	EM17
	BENCH	290,5	G. Seisenberger	Ger	W07
	DEADLIFT	786,0	H. Buhl	Aut	W06
TOTAL					
MEN 110 kg	M1 40-49	360,0	R. Döhne	Ger	E09
	SQUAT	252,5	D. Michelon	Fra	W12
	BENCH	300,0	E.Daurer	AUT	WM18
	DEADLIFT	855,0	L. Kupcsik	Hun	W09
TOTAL					
MEN 125 kg	M1 40-49	400,0	R. Kruse	Ger	W12
	SQUAT	272,5	O. Hudák	Svk	WM16
	BENCH	320,0	O. Hudák	Svk	EM16
	DEADLIFT	965,0	O. Hudák	Svk	EM16
TOTAL					
MEN 125+ kg	M1 40-49	412,5	M. Zehethofer	AUT	EM19
	SQUAT	290,0	M.Zehethofer	AUT	WM17
	BENCH	348,0	M.Zehethofer	AUT	WM16
	DEADLIFT	1032,5	M. Zehethofer	AUT	EM19
TOTAL					
M2 50-59	M2 50-59	201,0	M. Heindl	Aut	E07
	SQUAT	141,0	K. Rooch	Ger	W13
	BENCH	233,0	M. Heindl	Aut	E07
	DEADLIFT	552,5	M. Heindl	Aut	W06
TOTAL					
M2 50-59	M2 50-59	295,0	S. Hoza	Cz	E08
	SQUAT	190,0	A.Frič	SVK	EC24
	BENCH	241,0	J. Bejgrowicz	Pol	E11
	DEADLIFT	700,0	A.Frič	SVK	EC24
TOTAL					
M2 50-59	M2 50-59	305,0	S. Hoza	Cz	EL09
	SQUAT	220,0	J. Sztanke	Hun	W09
	BENCH	270,5	P. Rathke	Ger	W14
	DEADLIFT	742,5	P. Rathke	GER	EM15
TOTAL					
M2 50-59	M2 50-59	311,0	J. Sokolowski	Pol	WC13
	SQUAT	250,0	J. Flett	Ger	E13
	BENCH	300,5	I.Levický	SVK	EC24
	DEADLIFT	782,5	J. Sokolowski	Pol	W12
TOTAL					
M2 50-59	M2 50-59	345,0	R.Radusinović	HRV	WM23
	SQUAT	240,0	R.Radusinović	HRV	WM23
	BENCH	325,0	R.Radusinović	HRV	WM21
	DEADLIFT	895,0	R.Radusinović	HRV	WM23
TOTAL					
M2 50-59	M2 50-59	225,0	F. Hurass	Ger	W13
	SQUAT	201,5	F. Hurass	Ger	W13
	BENCH	250,5	F. Hurass	Ger	W13
	DEADLIFT	677,0	F. Hurass	Ger	W13
TOTAL					
M3 60-69	M3 60-69	175,0	B. Mullan	UK	W04
	SQUAT	112,5	B. Mullan	UK	W04
	BENCH	170,0	B. Mullan	UK	W04
	DEADLIFT	457,5	B. Mullan	UK	W04
TOTAL					
M3 60-69	M3 60-69	265,0	JP Chamburland	Fra	E12
	SQUAT	166,0	W. Hökendorf	Ger	W13
	BENCH	250,0	J. Bejgrowicz	Pol	Wc13
	DEADLIFT	630,0	H.J. Kaule	Ger	WC14
TOTAL					
M3 60-69	M3 60-69	240,0	S. Sochanski	Pol	W14
	SQUAT	125,0	E. Roznovski	Pol	W14
	BENCH	252,5	S. Sochanski	Pol	EM16
	DEADLIFT	597,5	S. Sochanski	Pol	EM16
TOTAL					
M3 60-69	M3 60-69	300,0	J. Sztanke	Hun	E14
	SQUAT	185,0	K.Slosarek	GER	WM22
	BENCH	260,0	S. Sochański	POL	EM15
	DEADLIFT	715,0	J. Sztanke	Hun	E14
TOTAL					
M3 60-69	M3 60-69	235,0	M. Brown	UK	W02
	SQUAT	95,0	M. Brown	UK	W02
	BENCH	235,0	M. Brown	UK	W02
	DEADLIFT	565,0	M. Brown	UK	W02
TOTAL					
M3 60-69	M3 60-69				
	SQUAT				
	BENCH				
	DEADLIFT				
TOTAL					

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M4 70-74				
SQUAT	95,5	C. Keszthelyi	Hun	WC07
BENCH	72,5	C. Keszthelyi	Hun	WC07
DEADLIFT	125,0	U. Mielich	Ger	W10
TOTAL	280,0	C. Keszthelyi	Hun	E08

M5 75+

100,0	C. Keszthelyi	Hun	W08
73,0	C. Keszthelyi	Hun	WC08
122,5	C. Keszthelyi	Hun	WC08
293,0	C. Keszthelyi	Hun	WC08

MEN 82,5 kg

M4 70-74				
SQUAT	170,0	G. Tschierschky	Ger	E09
BENCH	145,0	K. Högg	Aut	E08
DEADLIFT	180,0	G. Tschierschky	Ger	E09
TOTAL	450,0	G. Tschierschky	Ger	E09

M5 75+

165,0	G. Tschierschky	Ger	W09
100,0	G. Tschierschky	Ger	W09
180,0	G. Tschierschky	Ger	W09
445,0	G. Tschierschky	Ger	W09

MEN 95 kg

M4 70-74				
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

M5 75+

150,0	G. Tschierschky	Ger	WC10
80,0	G. Tschierschky	Ger	WC10
170,0	G. Tschierschky	Ger	WC10
400,0	G. Tschierschky	Ger	WC10

MEN 110 kg

M4 70-74				
SQUAT	120,0	J.Probst	Ger	WM16
BENCH				
DEADLIFT	145,0	J.Probst	Ger	WM16
TOTAL	365,0	J.Probst	Ger	WM16

M5 75+

MEN 125 kg

M4 70-74				
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

M5 75+

MEN 125+ kg

M4 70-74				
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

M5 75+
