



WUAP World Records

POWERLIFTING RAW

WOMEN



Women	Open	TEENS	JUNIOR	M1 40-49	M2 50-59	M3 60-69	M4 70-74	M5 75+
52 kg	SQUAT	160,0	120,0	110,0	72,5	0,0	0,0	0,0
	BENCHPRESS	92,5	57,5	65,0	45,0	0,0	0,0	0,0
	DEADLIFT	160,0	122,5	117,5	117,5	0,0	0,0	0,0
	TOTAL	412,5	297,5	282,5	232,5	0,0	0,0	0,0
60 kg	SQUAT	161,0	105,0	150,0	127,0	117,5	70,5	0,0
	BENCHPRESS	100,0	60,0	72,5	75,0	55,0	37,5	0,0
	DEADLIFT	180,0	125,0	160,0	157,5	132,5	105,5	0,0
	TOTAL	428,5	285,0	375,0	360,0	300,0	210,5	0,0
67,5 kg	SQUAT	220,0	155,0	165,0	152,5	137,5	0,0	0,0
	BENCHPRESS	100,0	85,0	81,0	95,5	82,5	0,0	0,0
	DEADLIFT	212,5	170,0	157,5	190,0	152,5	0,0	0,0
	TOTAL	532,5	410,0	402,5	433,5	365,0	0,0	0,0
82,5 kg	SQUAT	220,0	165,0	180,0	200,0	105,0	105,0	0,0
	BENCHPRESS	147,5	95,0	87,5	110,0	115,0	55,0	0,0
	DEADLIFT	245,0	180,0	180,0	202,5	160,0	150,0	0,0
	TOTAL	612,5	440,0	437,5	500,0	380,0	310,0	0,0
82,5 + kg	SQUAT	222,5	0,0	147,5	122,5	167,5	0,0	0,0
	BENCHPRESS	140,0	0,0	75,0	87,5	105,0	0,0	0,0
	DEADLIFT	245,0	0,0	147,5	155,0	200,0	0,0	0,0
	TOTAL	607,5	0,0	370,0	355,0	467,5	0,0	0,0

WUAP World Records

POWERLIFTING RAW

WOMEN

WOMEN 52kg	OPEN			
SQUAT	160,0	M.Golob	SLO	WM17
BENCH	92,5	M.Golob	SLO	WM17
DEADLIFT	160,0	M.Golob	SLO	EM17
TOTAL	412,5	M.Golob	SLO	WM17

WOMEN 60kg	OPEN			
SQUAT	161,0	M. Golob	Slo	EM19
BENCH	100,0	L. Gvozdeva	Rus	WM14
DEADLIFT	180,0	C.Garhammer	SUI	EM17
TOTAL	428,5	M. Golob	Slo	EM19

WOMEN 67,5kg	OPEN			
SQUAT	220,0	D.Herber	GER	EM19
BENCH	100,0	D.Herber	GER	EM19
DEADLIFT	212,5	D.Herber	GER	EM19
TOTAL	532,5	D.Herber	GER	EM19

WOMEN 82,5kg	OPEN			
SQUAT	220,0	N.Otter	GER	WM17
BENCH	147,5	N.Otter	GER	WM17
DEADLIFT	245,0	N.Otter	GER	WM17
TOTAL	612,5	N.Otter	GER	WM17

WOMEN 82,5+kg	OPEN			
SQUAT	222,5	N.Otter	GER	EM17
BENCH	140,0	N.Otter	GER	EM17
DEADLIFT	245,0	N.Otter	GER	EM17
TOTAL	607,5	N.Otter	GER	EM17

TEENS			
120,0	V.Ľapková	SVK	WM21
57,5	T.Patelczyk	POL	EM18
122,5	T.Patelczyk	POL	EM18
297,5	T.Patelczyk	POL	EM18

TEENS			
105,0	R. Bohus	HUN	EM16
60,0	R. Bohus	HUN	EM16
125,0	V.Kurnat	UKR	US17
285,0	V.Kurnat	UKR	US17

TEENS			
155,0	M.Zemanova	CZE	EM19
85,0	M.Zemanova	CZE	EM19
170,0	M.Zemanova	CZE	EM19
410,0	M.Zemanova	CZE	EM19

TEENS			
165,0	P.Rakučáková	SVK	EM22
95,0	P.Rakučáková	SVK	EM22
180,0	P.Rakučáková	SVK	EM22
440,0	P.Rakučáková	SVK	EM22

TEENS			

JUNIOR			
110,0	B.Roksolana	UKR	EM19
65,0	M.Siwiek	GER	EM19
117,5	B.Roksolana	UKR	EM19
282,5	B.Roksolana	UKR	EM19

JUNIOR			
150,0	B.Kováčiková	SVK	WM18
72,5	L. Foss	USA	AC14
160,0	A.Savić	SRB	WM18
375,0	A.Savić	SRB	WM18

JUNIOR			
165,0	D.Kmeťová	SVK	WM18
81,0	H.Kovács	HUN	WM21
157,5	D.Kmeťová	SVK	WM18
402,5	D.Kmeťová	SVK	WM18

JUNIOR			
180,0	M. Lachmann	HUN	EM15
87,5	T.Brodetska	UKR	EM18
180,0	M. Lachmann	HUN	EM15
437,5	M. Lachmann	HUN	EM15

JUNIOR			
147,5	S.Kupitz	USA	US21
75,0	S.Kupitz	USA	US21
147,5	S.Kupitz	USA	US21
370,0	S.Kupitz	USA	US21

WUAP World Records

POWERLIFTING RAW

WOMEN

WOMEN 52kg	M1 40-49			
	SQUAT	72,5	H.Sargsyan	ARM EM22
	BENCH	45,0	Á.Papp	HUN WM21
	DEADLIFT	117,5	Á.Papp	HUN WM21
	TOTAL	232,5	Á.Papp	HUN WM21

WOMEN 60kg	M1 40-49			
	SQUAT	127,0	M.Świrska	POL WM21
	BENCH	75,0	M.Świrska	POL WM21
	DEADLIFT	157,5	M.Świrska	POL WM21
	TOTAL	360,0	M.Świrska	POL WM21

WOMEN 67,5kg	M1 40-49			
	SQUAT	152,5	M. Baszo	Hun WM17
	BENCH	95,5	H.Tuba	HUN WM21
	DEADLIFT	190,0	M. Baszo	Hun WM17
	TOTAL	433,5	M. Baszo	Hun WM17

WOMEN 82,5kg	M1 40-49			
	SQUAT	200,0	E.Šimová	SVK WM18
	BENCH	110,0	M.Bazsó	HUN WM21
	DEADLIFT	202,5	M.Bazsó	HUN WM21
	TOTAL	500,0	E.Šimová	SVK WM21

WOMEN 82,5+kg	M1 40-49			
	SQUAT	122,5	D.Jackson	USA US17
	BENCH	87,5	D.Jackson	USA US17
	DEADLIFT	155,0	T.Robinson	USA WM19
	TOTAL	355,0	D.Jackson	USA US17

M2 50-59			

M2 50-59			
117,5	K.Ferkel	HUN	WM21
55,0	J.Kuckelman	USA	US17
132,5	K.Ferkel	HUN	WM21
300,0	K.Ferkel	HUN	WM21

M2 50-59			
137,5	J. Burgland	USA	US15
82,5	J. Burgland	USA	US15
152,5	J. Burgland	USA	WM15
365,0	J. Burgland	USA	US15

M2 50-59			
105,0	K.Ribb	GER	WM21
115,0	K.Ribb	GER	WM21
160,0	K.Ribb	GER	WM21
380,0	K.Ribb	GER	WM21

M2 50-59			
167,5	L.Ritchie	USA	WM19
105,0	I.Gyorgy	HUN	WM21
200,0	L.Ritchie	USA	WM19
467,5	L.Ritchie	USA	WM19

M3 60-69			

M3 60-69			
70,5	K. Baranovicova	SVK	EM17
37,5	K. Baranovicova	SVK	EM17
105,5	K. Baranovicova	SVK	EM19
210,5	K. Baranovicova	SVK	EM17

M3 60-69			

M3 60-69			
105,0	K. Rohrmann	HUN	EM16
55,0	K. Rohrmann	HUN	EM16
150,0	K. Rohrmann	HUN	EM16
310,0	K. Rohrmann	HUN	EM16

M3 60-69			

WUAP World Records

POWERLIFTING RAW

WOMEN

WOMEN 52kg	M4 70-74			
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

M5 75+			

WOMEN 60kg	M4 70-74			
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

M5 75+			

WOMEN 67,5kg	M4 70-74			
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

M5 75+			

WOMEN 82,5kg	M4 70-74			
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

M5 75+			

WOMEN 82,5+kg	M4 70-74			
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

M5 75+			