



## WUAP World Records - RAW Powerlifting - Women



Women	Open	T16-17	T18-19	JUNIOR	SUB	M40-44	M45-49	M50-54	M55-59	M60-64	M65-69	M70-74	M75-79	M80+
48 kg	Squat	115,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Benchpress	67,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Deadlift	118,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Total	300,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
52 kg	Squat	160,0	75,0	117,5	110,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Benchpress	92,5	56,0	57,5	65,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Deadlift	160,0	85,0	122,5	117,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Total	412,5	215,0	297,5	282,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
56 kg	Squat	161,0	100,0	82,5	150,0	82,5	122,5	110,0	72,5	70,0	0,0	0,0	0,0	0,0
	Benchpress	97,5	60,0	52,5	61,0	52,5	67,5	60,0	35,0	35,0	0,0	0,0	0,0	0,0
	Deadlift	170,0	125,0	102,5	145,0	117,5	150,0	140,0	90,5	85,0	0,0	0,0	0,0	0,0
	Total	428,5	285,0	225,0	345,0	247,5	332,5	310,0	198,0	190,0	0,0	0,0	0,0	0,0
60 kg	Squat	135,0	105,0	105,0	125,5	130,0	125,0	120,0	102,5	75,0	70,5	70,0	0,0	0,0
	Benchpress	100,0	60,0	47,5	72,5	70,0	67,5	65,0	50,0	55,0	37,5	35,5	0,0	0,0
	Deadlift	180,0	110,0	110,0	160,0	180,0	140,0	150,0	115,0	115,0	102,5	105,5	0,0	0,0
	Total	390,0	275,0	262,5	375,0	380,0	332,5	330,0	265,0	235,0	210,5	210,0	0,0	0,0
67.5 kg	Squat	220,0	110,5	155,0	165,0	180,0	152,5	147,5	137,5	0,0	0,0	0,0	0,0	0,0
	Benchpress	100,0	55,0	85,0	80,0	92,5	95,0	95,0	82,5	0,0	0,0	0,0	0,0	0,0
	Deadlift	212,5	122,5	170,0	157,5	185,0	190,0	160,0	152,5	0,0	0,0	0,0	0,0	0,0
	Total	532,5	283,0	410,0	402,5	457,5	433,5	400,0	365,0	0,0	0,0	0,0	0,0	0,0
75 kg	Squat	200,0	120,0	130,0	180,0	113,0	200,0	182,5	0,0	92,5	0,0	65,0	0,0	0,0
	Benchpress	102,5	55,0	62,5	87,5	82,5	100,0	102,5	0,0	47,5	0,0	50,0	0,0	0,0
	Deadlift	210,0	140,0	140,0	160,0	130,5	190,0	185,0	0,0	137,5	0,0	80,0	0,0	0,0
	Total	490,0	300,0	316,0	427,5	310,5	490,0	465,0	0,0	257,5	0,0	195,0	0,0	0,0
82.5 kg	Squat	220,0	0,0	145,0	180,0	110,0	182,5	100,0	0,0	0,0	105,0	0,0	0,0	0,0
	Benchpress	147,5	0,0	70,0	77,5	110,0	92,5	101,0	0,0	0,0	55,0	0,0	0,0	0,0
	Deadlift	245,0	0,0	140,0	180,0	175,0	180,0	155,0	0,0	0,0	150,0	0,0	0,0	0,0
	Total	612,5	0,0	355,0	437,5	387,5	437,5	341,0	0,0	0,0	310,0	0,0	0,0	0,0
90 kg	Squat	222,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Benchpress	140,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Deadlift	245,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Total	607,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
90+ kg	Squat	215,0	0,0	0,0	0,0	130,0	122,5	0,0	167,5	0,0	0,0	0,0	0,0	0,0
	Benchpress	100,0	0,0	0,0	0,0	65,0	87,5	0,0	100,0	0,0	0,0	0,0	0,0	0,0
	Deadlift	220,0	0,0	0,0	0,0	170,0	155,0	0,0	200,0	0,0	0,0	0,0	0,0	0,0
	Total	530,0	0,0	0,0	0,0	365,0	355,0	0,0	467,5	0,0	0,0	0,0	0,0	0,0

## WUAP World Records - RAW Powerlifting - Women

Women 48 kg	Open					Submaster					Junior						
	Squat	115,0	M.Urbanowicz	POL	EM19												
	Bench	67,5	M.Urbanowicz	POL	EM19												
	Deadlift	118,0	M.Urbanowicz	POL	EM19												
	Total	300,5	M.Urbanowicz	POL	EM19												
Women 52 kg	Open					Submaster					Junior						
	Squat	160,0	M.Golob	SLO	WM17								110,0	B.Roksolana	UKR	EM19	
	Bench	92,5	M.Golob	SLO	WM17								65,0	M.Siwiek	GER	EM19	
	Deadlift	160,0	M.Golob	SLO	EM17								117,5	B.Roksolana	UKR	EM19	
	Total	412,5	M.Golob	SLO	WM17								282,5	B.Roksolana	UKR	EM19	
Women 56 kg	Open					Submaster					Junior						
	Squat	161,0	M. Golob	Slo	EM19		82,5	K. Tresenriter	USA	US15			150,0	B.Kováčiková	SVK	WM18	
	Bench	97,5	M. Golob	Slo	EM19		52,5	K. Tresenriter	USA	US15			61,0	K.Haičmanová	CZE	WM18	
	Deadlift	170,0	M. Golob	Slo	EM19		117,5	K. Tresenriter	USA	WM15			145,0	B.Kováčiková	SVK	WM18	
	Total	428,5	M. Golob	Slo	EM19		247,5	K. Tresenriter	USA	US15			345,0	B.Kováčiková	SVK	WM18	
Women 60 kg	Open					Submaster					Junior						
	Squat	135,0	L. Gvozdeva	Rus	WM14		130,0	C.Garhammer	SUI	EM17			125,5	F.Susa	HUN	WM17	
	Bench	100,0	L. Gvozdeva	Rus	WM14		70,0	C.Garhammer	SUI	EM17			72,5	L. Foss	USA	AC14	
	Deadlift	180,0	C.Garhammer	SUI	EM17		180,0	C.Garhammer	SUI	EM17			160,0	A.Savič	SRB	WM18	
	Total	390,0	L. Gvozdeva	Rus	WM14		380,0	C.Garhammer	SUI	EM17			375,0	A.Savič	SRB	WM18	
Women 67.5 kg	Open					Submaster					Junior						
	Squat	220,0	D.Herber	GER	EM19		180,0	E. Simova	SVK	EM15			165,0	D.Kmeťová	SVK	WM18	
	Bench	100,0	D.Herber	GER	EM19		92,5	E. Simova	SVK	EM15			80,0	D.Kmeťová	SVK	WM18	
	Deadlift	212,5	D.Herber	GER	EM19		185,0	E. Simova	SVK	EM15			157,5	D.Kmeťová	SVK	WM18	
	Total	532,5	D.Herber	GER	EM19		457,5	E. Simova	SVK	EM15			402,5	D.Kmeťová	SVK	WM18	
Women 75 kg	Open					Submaster					Junior						
	Squat	200,0	E.Šimová	SVK	WM18		113,0	E.Daniels	USA	WM19			180,0	T.Brodetska	UKR	EM18	
	Bench	102,5	B. Gordon	USA	2014		82,5	E.Daniels	USA	WM19			87,5	T.Brodetska	UKR	EM18	
	Deadlift	210,0	P.Kockova	CZE	EM19		130,5	E.Daniels	USA	WM19			160,0	T.Brodetska	UKR	EM18	
	Total	490,0	E.Šimová	SVK	WM18		310,5	E.Daniels	USA	WM19			427,5	T.Brodetska	UKR	EM18	
Women 82.5 kg	Open					Submaster					Junior						
	Squat	220,0	N.Otter	GER	WM17		110,0	S.Perry	USA	WM19			180,0	M. Lachmann	HUN	EM15	
	Bench	147,5	N.Otter	GER	WM17		110,0	S.Perry	USA	WM19			77,5	M. Lachmann	HUN	EM15	
	Deadlift	245,0	N.Otter	GER	WM17		175,0	S.Perry	USA	WM19			180,0	M. Lachmann	HUN	EM15	
	Total	612,5	N.Otter	GER	WM17		387,5	S.Perry	USA	WM19			437,5	M. Lachmann	HUN	EM15	
Women 90 kg	Open					Submaster					Junior						
	Squat	222,5	N.Otter	GER	EM17												
	Bench	140,0	N.Otter	GER	EM17												
	Deadlift	245,0	N.Otter	GER	EM17												
	Total	607,5	N.Otter	GER	EM17												
Women 90+ kg	Open					Submaster					Junior						
	Squat	215,0	K.Koszela	POL	EM18		130,0	T.Robinson	USA	WM18							
	Bench	100,0	L.Ritchie	USA	WM19		65,0	T.Robinson	USA	WM18							
	Deadlift	220,0	K.Koszela	POL	EM18		170,0	T.Robinson	USA	WM18							
	Total	530,0	K.Koszela	POL	EM18		365,0	T.Robinson	USA	WM18							

## WUAP World Records - RAW Powerlifting - Women

Women 48 kg	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr><th colspan="4">T16-17</th></tr> </thead> <tbody> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td>Squat</td><td> </td><td> </td><td> </td></tr> <tr><td>Bench</td><td> </td><td> </td><td> </td></tr> <tr><td>Deadlift</td><td> </td><td> </td><td> </td></tr> <tr><td>Total</td><td> </td><td> </td><td> </td></tr> </tbody> </table>	T16-17								Squat				Bench				Deadlift				Total				<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr><th colspan="4">T18-19</th></tr> </thead> <tbody> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </tbody> </table>	T18-19																			
T16-17																																														
Squat																																														
Bench																																														
Deadlift																																														
Total																																														
T18-19																																														
Women 52 kg	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr><th colspan="4">T16-17</th></tr> </thead> <tbody> <tr><td>75,0</td><td>J.Krasticsova</td><td>CZE</td><td>WM17</td></tr> <tr><td>56,0</td><td>J.Krasticsova</td><td>CZE</td><td>WM17</td></tr> <tr><td>85,0</td><td>J.Krasticsova</td><td>CZE</td><td>WM17</td></tr> <tr><td>215,0</td><td>J.Krasticsova</td><td>CZE</td><td>WM17</td></tr> </tbody> </table>	T16-17				75,0	J.Krasticsova	CZE	WM17	56,0	J.Krasticsova	CZE	WM17	85,0	J.Krasticsova	CZE	WM17	215,0	J.Krasticsova	CZE	WM17	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr><th colspan="4">T18-19</th></tr> </thead> <tbody> <tr><td>117,5</td><td>T.Patelczyk</td><td>POL</td><td>EM18</td></tr> <tr><td>57,5</td><td>T.Patelczyk</td><td>POL</td><td>EM18</td></tr> <tr><td>122,5</td><td>T.Patelczyk</td><td>POL</td><td>EM18</td></tr> <tr><td>297,5</td><td>T.Patelczyk</td><td>POL</td><td>EM18</td></tr> </tbody> </table>	T18-19				117,5	T.Patelczyk	POL	EM18	57,5	T.Patelczyk	POL	EM18	122,5	T.Patelczyk	POL	EM18	297,5	T.Patelczyk	POL	EM18				
T16-17																																														
75,0	J.Krasticsova	CZE	WM17																																											
56,0	J.Krasticsova	CZE	WM17																																											
85,0	J.Krasticsova	CZE	WM17																																											
215,0	J.Krasticsova	CZE	WM17																																											
T18-19																																														
117,5	T.Patelczyk	POL	EM18																																											
57,5	T.Patelczyk	POL	EM18																																											
122,5	T.Patelczyk	POL	EM18																																											
297,5	T.Patelczyk	POL	EM18																																											
Women 56 kg	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr><th colspan="4">T16-17</th></tr> </thead> <tbody> <tr><td>100,0</td><td>V.Kurnat</td><td>UKR</td><td>US17</td></tr> <tr><td>60,0</td><td>V.Kurnat</td><td>UKR</td><td>US17</td></tr> <tr><td>125,0</td><td>V.Kurnat</td><td>UKR</td><td>US17</td></tr> <tr><td>285,0</td><td>V.Kurnat</td><td>UKR</td><td>US17</td></tr> </tbody> </table>	T16-17				100,0	V.Kurnat	UKR	US17	60,0	V.Kurnat	UKR	US17	125,0	V.Kurnat	UKR	US17	285,0	V.Kurnat	UKR	US17	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr><th colspan="4">T18-19</th></tr> </thead> <tbody> <tr><td>82,5</td><td>K. Kurowski</td><td>USA</td><td>US16</td></tr> <tr><td>52,5</td><td>K. Kurowski</td><td>USA</td><td>WM16</td></tr> <tr><td>102,5</td><td>K. Kurowski</td><td>USA</td><td>US16</td></tr> <tr><td>225,0</td><td>K. Kurowski</td><td>USA</td><td>US16</td></tr> </tbody> </table>	T18-19				82,5	K. Kurowski	USA	US16	52,5	K. Kurowski	USA	WM16	102,5	K. Kurowski	USA	US16	225,0	K. Kurowski	USA	US16				
T16-17																																														
100,0	V.Kurnat	UKR	US17																																											
60,0	V.Kurnat	UKR	US17																																											
125,0	V.Kurnat	UKR	US17																																											
285,0	V.Kurnat	UKR	US17																																											
T18-19																																														
82,5	K. Kurowski	USA	US16																																											
52,5	K. Kurowski	USA	WM16																																											
102,5	K. Kurowski	USA	US16																																											
225,0	K. Kurowski	USA	US16																																											
Women 60 kg	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr><th colspan="4">T16-17</th></tr> </thead> <tbody> <tr><td>105,0</td><td>R. Bohus</td><td>HUN</td><td>EM16</td></tr> <tr><td>60,0</td><td>R. Bohus</td><td>HUN</td><td>EM16</td></tr> <tr><td>110,0</td><td>R. Bohus</td><td>HUN</td><td>EM16</td></tr> <tr><td>275,0</td><td>R. Bohus</td><td>HUN</td><td>EM16</td></tr> </tbody> </table>	T16-17				105,0	R. Bohus	HUN	EM16	60,0	R. Bohus	HUN	EM16	110,0	R. Bohus	HUN	EM16	275,0	R. Bohus	HUN	EM16	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr><th colspan="4">T18-19</th></tr> </thead> <tbody> <tr><td>105,0</td><td>A Szilagyi</td><td>HUN</td><td>EM16</td></tr> <tr><td>47,5</td><td>A Szilagyi</td><td>HUN</td><td>EM16</td></tr> <tr><td>110,0</td><td>A Szilagyi</td><td>HUN</td><td>EM16</td></tr> <tr><td>262,5</td><td>A Szilagyi</td><td>HUN</td><td>EM16</td></tr> </tbody> </table>	T18-19				105,0	A Szilagyi	HUN	EM16	47,5	A Szilagyi	HUN	EM16	110,0	A Szilagyi	HUN	EM16	262,5	A Szilagyi	HUN	EM16				
T16-17																																														
105,0	R. Bohus	HUN	EM16																																											
60,0	R. Bohus	HUN	EM16																																											
110,0	R. Bohus	HUN	EM16																																											
275,0	R. Bohus	HUN	EM16																																											
T18-19																																														
105,0	A Szilagyi	HUN	EM16																																											
47,5	A Szilagyi	HUN	EM16																																											
110,0	A Szilagyi	HUN	EM16																																											
262,5	A Szilagyi	HUN	EM16																																											
Women 67.5 kg	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr><th colspan="4">T16-17</th></tr> </thead> <tbody> <tr><td>110,5</td><td>M.Valková</td><td>SVK</td><td>WM18</td></tr> <tr><td>55,0</td><td>E.Nehezova</td><td>SVK</td><td>EM19</td></tr> <tr><td>122,5</td><td>E.Nehezova</td><td>SVK</td><td>EM19</td></tr> <tr><td>283,0</td><td>L.Napora</td><td>POL</td><td>EM18</td></tr> </tbody> </table>	T16-17				110,5	M.Valková	SVK	WM18	55,0	E.Nehezova	SVK	EM19	122,5	E.Nehezova	SVK	EM19	283,0	L.Napora	POL	EM18	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr><th colspan="4">T18-19</th></tr> </thead> <tbody> <tr><td>155,0</td><td>M.Zemanova</td><td>CZE</td><td>EM19</td></tr> <tr><td>85,0</td><td>M.Zemanova</td><td>CZE</td><td>EM19</td></tr> <tr><td>170,0</td><td>M.Zemanova</td><td>CZE</td><td>EM19</td></tr> <tr><td>410,0</td><td>M.Zemanova</td><td>CZE</td><td>EM19</td></tr> </tbody> </table>	T18-19				155,0	M.Zemanova	CZE	EM19	85,0	M.Zemanova	CZE	EM19	170,0	M.Zemanova	CZE	EM19	410,0	M.Zemanova	CZE	EM19				
T16-17																																														
110,5	M.Valková	SVK	WM18																																											
55,0	E.Nehezova	SVK	EM19																																											
122,5	E.Nehezova	SVK	EM19																																											
283,0	L.Napora	POL	EM18																																											
T18-19																																														
155,0	M.Zemanova	CZE	EM19																																											
85,0	M.Zemanova	CZE	EM19																																											
170,0	M.Zemanova	CZE	EM19																																											
410,0	M.Zemanova	CZE	EM19																																											
Women 75 kg	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr><th colspan="4">T16-17</th></tr> </thead> <tbody> <tr><td>120,0</td><td>K.Kastelic</td><td>SVN</td><td>WM18</td></tr> <tr><td>55,0</td><td>S. Gordon</td><td>WM</td><td>2015</td></tr> <tr><td>140,0</td><td>K.Kastelic</td><td>SVN</td><td>WM18</td></tr> <tr><td>300,0</td><td>K.Kastelic</td><td>SVN</td><td>WM18</td></tr> </tbody> </table>	T16-17				120,0	K.Kastelic	SVN	WM18	55,0	S. Gordon	WM	2015	140,0	K.Kastelic	SVN	WM18	300,0	K.Kastelic	SVN	WM18	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr><th colspan="4">T18-19</th></tr> </thead> <tbody> <tr><td>130,0</td><td>J.Kammer</td><td>GER</td><td>WM19</td></tr> <tr><td>62,5</td><td>J.Kammer</td><td>GER</td><td>WM19</td></tr> <tr><td>140,0</td><td>K.Kastelic</td><td>SLO</td><td>EM19</td></tr> <tr><td>316,0</td><td>J.Kammer</td><td>GER</td><td>WM19</td></tr> </tbody> </table>	T18-19				130,0	J.Kammer	GER	WM19	62,5	J.Kammer	GER	WM19	140,0	K.Kastelic	SLO	EM19	316,0	J.Kammer	GER	WM19				
T16-17																																														
120,0	K.Kastelic	SVN	WM18																																											
55,0	S. Gordon	WM	2015																																											
140,0	K.Kastelic	SVN	WM18																																											
300,0	K.Kastelic	SVN	WM18																																											
T18-19																																														
130,0	J.Kammer	GER	WM19																																											
62,5	J.Kammer	GER	WM19																																											
140,0	K.Kastelic	SLO	EM19																																											
316,0	J.Kammer	GER	WM19																																											
Women 82.5 kg	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr><th colspan="4">T16-17</th></tr> </thead> <tbody> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </tbody> </table>	T16-17																				<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr><th colspan="4">T18-19</th></tr> </thead> <tbody> <tr><td>145,0</td><td>T.Krajcová</td><td>SVK</td><td>WM18</td></tr> <tr><td>70,0</td><td>T.Krajcová</td><td>SVK</td><td>WM18</td></tr> <tr><td>140,0</td><td>T.Krajcová</td><td>SVK</td><td>WM18</td></tr> <tr><td>355,0</td><td>T.Krajcová</td><td>SVK</td><td>WM18</td></tr> </tbody> </table>	T18-19				145,0	T.Krajcová	SVK	WM18	70,0	T.Krajcová	SVK	WM18	140,0	T.Krajcová	SVK	WM18	355,0	T.Krajcová	SVK	WM18				
T16-17																																														
T18-19																																														
145,0	T.Krajcová	SVK	WM18																																											
70,0	T.Krajcová	SVK	WM18																																											
140,0	T.Krajcová	SVK	WM18																																											
355,0	T.Krajcová	SVK	WM18																																											
Women 90 kg	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr><th colspan="4">T16-17</th></tr> </thead> <tbody> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </tbody> </table>	T16-17																				<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr><th colspan="4">T18-19</th></tr> </thead> <tbody> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </tbody> </table>	T18-19																							
T16-17																																														
T18-19																																														
Women 90+ kg	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr><th colspan="4">T16-17</th></tr> </thead> <tbody> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </tbody> </table>	T16-17																				<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr><th colspan="4">T18-19</th></tr> </thead> <tbody> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </tbody> </table>	T18-19																							
T16-17																																														
T18-19																																														

# WUAP World Records - RAW Powerlifting - Women

Women 48 kg	M40-44				M45-49				M50-54				
	Squat												
	Bench												
	Deadlift												
	Total												
Women 52 kg	M40-44				M45-49				M50-54				
	Squat												
	Bench												
	Deadlift												
	Total												
Women 56 kg	M40-44				M45-49				M50-54				
	Squat	122,5	M.Swirska	POL	EM19	110,0	M.Zazvonilová	CZE	WM18	72,5	E.Szombatová	SVK	EM17
	Bench	67,5	M.Swirska	POL	WM18	60,0	M.Zazvonilová	CZE	WM18	35,0	E.Szombatova	SVK	WM16
	Deadlift	150,0	M.Swirska	POL	WM18	140,0	M.Zazvonilová	CZE	WM18	90,5	E.Szombatová	SVK	EM17
	Total	332,5	M.Swirska	POL	WM18	310,0	M.Zazvonilová	CZE	WM18	198,0	E.Szombatová	SVK	EM17
Women 60 kg	M40-44				M45-49				M50-54				
	Squat	125,0	T.Timan	USA	USN19	120,0	M.Zazvonilova	CZE	WM17	102,5	H.Woltjen	GER	WM16
	Bench	67,5	T.Timan	USA	USN19	65,0	M.Zazvonilova	CZE	WM17	50,0	H.Woltjen	GER	WM16
	Deadlift	140,0	T.Timan	USA	USN19	150,0	M.Zazvonilova	CZE	WM17	115,0	H.Woltjen	GER	WM16
	Total	332,5	T.Timan	USA	USN19	330,0	M.Zazvonilova	CZE	WM17	265,0	H.Woltjen	GER	WM16
Women 67.5 kg	M40-44				M45-49				M50-54				
	Squat	152,5	M. Baszo	Hun	WM17	147,5	Dr. K. Schindlerne Kis	Hun	WM16	137,5	J. Burgland	USA	US15
	Bench	95,0	M. Baszo	Hun	WM17	95,0	Dr. K. Schindlerne Kis	Hun	WM16	82,5	J. Burgland	USA	US15
	Deadlift	190,0	M. Baszo	Hun	WM17	160,0	M.Zazvonilova	CZE	WM16	152,5	J. Burgland	USA	WM15
	Total	433,5	M. Baszo	Hun	WM17	400,0	Dr. K. Schindlerne Kis	Hun	WM16	365,0	J. Burgland	USA	US15
Women 75 kg	M40-44				M45-49				M50-54				
	Squat	200,0	E.Šimová	SVK	WM18	182,5	B. Gordon	USA	WM15				
	Bench	100,0	E.Šimová	SVK	WM18	102,5	B. Gordon	USA	AC14				
	Deadlift	190,0	E.Šimová	SVK	WM18	185,0	B. Gordon	USA	WM15				
	Total	490,0	E.Šimová	SVK	WM18	465,0	B. Gordon	USA	WM15				
Women 82.5 kg	M40-44				M45-49				M50-54				
	Squat	182,5	T.Hayes	USA	WM19	100,0	A.Szlávik	HUN	WM18				
	Bench	92,5	T.Hayes	USA	WM19	101,0	K.Ribb	GER	EM19				
	Deadlift	180,0	T.Hayes	USA	WM19	155,0	K.Ribb	GER	EM19				
	Total	437,5	T.Hayes	USA	WM19	341,0	K.Ribb	GER	EM19				
Women 90 kg	M40-44				M45-49				M50-54				
	Squat												
	Bench												
	Deadlift												
	Total												
Women 90+ kg	M40-44				M45-49				M50-54				
	Squat	122,5	D.Jackson	USA	US17					167,5	L.Ritchie	USA	WM19
	Bench	87,5	D.Jackson	USA	US17					100,0	L.Ritchie	USA	WM19
	Deadlift	155,0	T.Robinson	USA	WM19					200,0	L.Ritchie	USA	WM19
	Total	355,0	D.Jackson	USA	US17					467,5	L.Ritchie	USA	WM19

## WUAP World Records - RAW Powerlifting - Women

Women 48 kg	M55-59					M60-64					M65-69				
	Squat														
	Bench														
	Deadlift														
	Total														
Women 52 kg	M55-59					M60-64					M65-69				
	Squat														
	Bench														
	Deadlift														
	Total														
Women 56 kg	M55-59	70,0	N.Szombatova	SVK	EM19	M60-64					M65-69				
	Squat														
	Bench	35,0	N.Szombatova	SVK	EM19										
	Deadlift	85,0	N.Szombatova	SVK	EM19										
	Total	190,0	N.Szombatova	SVK	EM19										
Women 60 kg	M55-59	75,0	E.Szombatová	SVK	WM18	M60-64	70,5	K. Baranovicova	SVK	EM17	M65-69	70,0	K. Baranovicova	SVK	WM18
	Squat														
	Bench	55,0	J.Kuckelman	USA	US17		37,5	K. Baranovicova	SVK	EM17		35,5	K. Baranovicova	SVK	EM19
	Deadlift	115,0	J.Kuckelman	USA	US17		102,5	K. Baranovicova	SVK	EM17		105,5	K. Baranovicova	SVK	EM19
	Total	235,0	J.Kuckelman	USA	US17		210,5	K. Baranovicova	SVK	EM17		210,0	K. Baranovicova	SVK	WM18
Women 67.5 kg	M55-59					M60-64					M65-69				
	Squat														
	Bench														
	Deadlift														
	Total														
Women 75 kg	M55-59	92,5	L.J.Green	USA	US18	M60-64					M65-69	65,0	E. Ujvari	Hun	EM16
	Squat														
	Bench	47,5	L.J.Green	USA	US18						50,0	E. Ujvari	Hun	EM16	
	Deadlift	137,5	L.J.Green	USA	US18						80,0	E. Ujvari	Hun	EM16	
	Total	257,5	L.J.Green	USA	US18						195,0	E. Ujvari	Hun	EM16	
Women 82.5 kg	M55-59					M60-64	105,0	K. Rohrmann	HUN	EM16	M65-69				
	Squat														
	Bench						55,0	K. Rohrmann	HUN	EM16					
	Deadlift						150,0	K. Rohrmann	HUN	EM16					
	Total						310,0	K. Rohrmann	HUN	EM16					
Women 90 kg	M55-59					M60-64					M65-69				
	Squat														
	Bench														
	Deadlift														
	Total														
Women 90+ kg	M55-59					M60-64					M65-69				
	Squat														
	Bench														
	Deadlift														
	Total														

# WUAP World Records - RAW Powerlifting - Women

Women 48 kg	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M70-74</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M70-74																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M75-79</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M75-79																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M80+</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M80+																			
M70-74																																																															
M75-79																																																															
M80+																																																															
Squat																																																															
Bench																																																															
Deadlift																																																															
Total																																																															
Women 52 kg	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M70-74</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M70-74																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M75-79</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M75-79																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M80+</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M80+																			
M70-74																																																															
M75-79																																																															
M80+																																																															
Squat																																																															
Bench																																																															
Deadlift																																																															
Total																																																															
Women 56 kg	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M70-74</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M70-74																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M75-79</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M75-79																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M80+</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M80+																			
M70-74																																																															
M75-79																																																															
M80+																																																															
Squat																																																															
Bench																																																															
Deadlift																																																															
Total																																																															
Women 60 kg	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M70-74</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M70-74																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M75-79</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M75-79																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M80+</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M80+																			
M70-74																																																															
M75-79																																																															
M80+																																																															
Squat																																																															
Bench																																																															
Deadlift																																																															
Total																																																															
Women 67.5 kg	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M70-74</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M70-74																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M75-79</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M75-79																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M80+</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M80+																			
M70-74																																																															
M75-79																																																															
M80+																																																															
Squat																																																															
Bench																																																															
Deadlift																																																															
Total																																																															
Women 75 kg	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M70-74</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M70-74																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M75-79</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M75-79																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M80+</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M80+																			
M70-74																																																															
M75-79																																																															
M80+																																																															
Squat																																																															
Bench																																																															
Deadlift																																																															
Total																																																															
Women 82.5 kg	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M70-74</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M70-74																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M75-79</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M75-79																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M80+</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M80+																			
M70-74																																																															
M75-79																																																															
M80+																																																															
Squat																																																															
Bench																																																															
Deadlift																																																															
Total																																																															
Women 90 kg	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M70-74</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M70-74																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M75-79</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M75-79																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M80+</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M80+																			
M70-74																																																															
M75-79																																																															
M80+																																																															
Squat																																																															
Bench																																																															
Deadlift																																																															
Total																																																															
Women 90+ kg	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M70-74</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M70-74																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M75-79</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M75-79																				<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td colspan="4" style="text-align: center;">M80+</td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>	M80+																			
M70-74																																																															
M75-79																																																															
M80+																																																															
Squat																																																															
Bench																																																															
Deadlift																																																															
Total																																																															