



WUAP World Records

POWERLIFTING EQ

MEN



MEN
67,5 kg

	Open	TEENS	JUNIOR	M1 40-49	M2 50-59	M3 60-69	M4 70-74	M5 75+
SQUAT	300,0	245,0	250,0	232,5	205,0	185,0	140,0	100,0
BENCHPRESS	175,0	150,0	155,0	135,0	141,0	112,5	106,5	73,0
DEADLIFT	250,5	215,0	240,0	232,0	233,0	190,0	184,0	122,5
TOTAL	700,0	605,0	615,0	575,0	552,5	457,5	427,5	293,0

82,5 kg

SQUAT	333,0	285,0	310,0	280,0	295,0	265,0	217,5	165,0
BENCHPRESS	260,0	170,0	205,0	187,5	185,0	166,0	147,5	102,5
DEADLIFT	301,0	260,0	270,0	280,0	245,0	250,0	200,0	180,0
TOTAL	866,5	685,0	760,5	710,0	695,0	630,0	565,0	445,0

95 kg

SQUAT	367,5	320,0	360,0	332,5	305,0	275,0	200,0	150,0
BENCHPRESS	260,0	190,0	230,0	250,0	220,0	182,5	142,5	80,0
DEADLIFT	337,5	300,0	302,5	295,0	270,5	260,0	218,0	170,0
TOTAL	890,0	770,0	890,0	840,0	742,5	707,5	560,0	400,0

110 kg

SQUAT	400,0	340,0	330,5	360,0	340,0	300,0	150,0	0,0
BENCHPRESS	320,0	225,0	265,0	272,5	250,0	185,0	105,0	0,0
DEADLIFT	335,0	307,5	320,0	300,0	300,0	282,5	160,0	0,0
TOTAL	990,0	850,0	860,5	855,0	815,5	750,0	415,0	0,0

125 kg

SQUAT	437,5	350,0	402,5	400,0	355,0	235,0	0,0	0,0
BENCHPRESS	325,0	235,0	257,5	272,5	231,0	95,0	0,0	0,0
DEADLIFT	340,0	280,0	330,0	320,0	325,0	235,0	0,0	0,0
TOTAL	1062,5	825,0	940,0	965,0	878,0	565,0	0,0	0,0

125+ kg

SQUAT	480,0	337,5	300,0	412,5	340,0	0,0	0,0	0,0
BENCHPRESS	362,5	265,0	240,0	290,0	205,0	0,0	0,0	0,0
DEADLIFT	382,5	300,0	272,5	348,0	282,5	0,0	0,0	0,0
TOTAL	1200,0	830,0	777,5	1032,5	795,0	0,0	0,0	0,0

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OPEN				
SQUAT	300,0	M. Mette	Ger	W09
BENCH	175,0	E. Bačinský	Svk	W05
DEADLIFT	250,5	M. Mette	Ger	WC09
TOTAL	700,0	M. Mette	Ger	W09

MEN 82,5 kg

OPEN				
SQUAT	333,0	D.Tatarka	SVK	WM18
BENCH	260,0	Whales	USA	2001
DEADLIFT	301,0	A. Shaloha	Ukr	WC12
TOTAL	866,5	A. Shaloha	Ukr	WC12

MEN 95 kg

OPEN				
SQUAT	367,5	B. Beanland	USA	W11
BENCH	260,0	H. Pignitter	Aut	E12
DEADLIFT	337,5	E. Lilliebridge Jr	USA	US14
TOTAL	890,0	D. Kharchenko	Ukr	WC12

MEN 110 kg

OPEN				
SQUAT	400,0	D. Kurila	Svk	E13
BENCH	320,0	C. Czégény	Hun	WC11
DEADLIFT	335,0	V. Rozhanskiy	Ukr	WC12
TOTAL	990,0	C. Czégény	Hun	WC11

MEN 125 kg

OPEN				
SQUAT	437,5	R. Kruse	Ger	W09
BENCH	325,0	M. Košnar	Cz	W13
DEADLIFT	340,0	R. Kaděra	Cz	E12
TOTAL	1062,5	M. Košnar	Cz	WC10

MEN 125+ kg

OPEN				
SQUAT	480,0	V. Češka	CZE	WM16
BENCH	362,5	V. Češka	CZE	WM17
DEADLIFT	382,5	S. Oleolenko	Ukr	Wc10
TOTAL	1200,0	V. Češka	CZE	WM17

TEENS				
	245,0	L. Seifert	Ger	W14
	150,0	L. Seifert	Ger	W14
	215,0	Kildow	USA	2001
	605,0	L. Seifert	Ger	W14

TEENS				
	285,0	O. Meinyk	Ukr	WC09
	170,0	O. Meinyk	Ukr	WC09
	260,0	O. Zipa	Ukr	WC11
	685,0	O. Meinyk	Ukr	WC09

TEENS				
	320,0	N. Stoll	Ger	E06
	190,0	N. Stoll	Ger	E06
	300,0	N. Stoll	Ger	E06
	770,0	N. Stoll	Ger	E06

TEENS				
	340,0	J. Vrábel	Svk	E14
	225,0	J. Vrábel	Svk	E14
	307,5	Fitz	USA	2001
	850,0	J. Vrábel	Svk	E14

TEENS				
	350,0	D. Eberhart	Ch	E12
	235,0	D. Eberhart	Ch	E12
	280,0	Á. Labát	Svk	WC12
	825,0	D. Eberhart	Ch	E12

TEENS				
	337,5	R. Bulmash	USA	US10
	265,0	T. Brown	USA	US09
	300,0	E. Karácsondi	Hun	E13
	830,0	E. Karácsondi	Hun	E13

JUNIOR				
	250,0	J. Habardik	Svk	W09
	155,0	D. Jurč	Svk	E14
	240,0	J. Habardik	Svk	E08
	615,0	J. Habardik	Svk	W09

JUNIOR				
	310,0	D. Mahovský	CZE	EM15
	205,0	F. Stanko	Svk	E13
	270,0	D. Bendek	Svk	W11
	760,5	D. Mahovský	CZE	EM15

JUNIOR				
	360,0	D. Kharchenko	Ukr	WC12
	230,0	D. Kharchenko	W12	WC12
	302,5	A. Zipa	Ukr	WC12
	890,0	D. Kharchenko	Ukr	WC12

JUNIOR				
	330,5	E. Jaškanič	Svk	W13
	265,0	M. Sobota	Svk	W10
	320,0	E. Jaškanič	Svk	W13
	860,5	E. Jaškanič	Svk	W13

JUNIOR				
	402,5	P. Navara	CZ	E14
	257,5	P. Navara	CZ	E14
	330,0	R. Lafner	Aut	WC08
	940,0	P. Navara	CZ	E14

JUNIOR				
	300,0	J. Šleis	Cz	W08
	240,0	T. Brown	USA	W11
	272,5	J. Šleis	Cz	W08
	777,5	J. Šleis	Cz	W08

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M1 40-49				
SQUAT	232,5	M.Mette	GER	WM17
BENCH	135,0	R. Karkuschke	Ger	W08
DEADLIFT	232,0	Robinson	USA	2002
TOTAL	575,0	Edmonson	USA	2001

M2 50-59

	205,0	Charles	USA	2001
	141,0	K. Rooch	Ger	W13
	233,0	M. Heindl	Aut	E07
	552,5	M. Heindl	Aut	W06

M3 60-69

	185,0	Glass	USA	2000
	112,5	B. Mullan	UK	W04
	190,0	E. Milan	USA	W11
	457,5	B. Mullan	UK	W04

MEN 82,5 kg

M1 40-49				
SQUAT	280,0	K. Rooch	Ger	W04
BENCH	187,5	R. Siska	Svk	W13
DEADLIFT	280,0	Lynch	USA	2001
TOTAL	710,0	Lynch	USA	2001

M2 50-59

	295,0	S. Hoza	Cz	E08
	185,0	D. Heinrich	Ger	W13
	245,0	Santee	USA	2000
	695,0	S. Hoza	Cz	E08

M3 60-69

	265,0	JP Chamburland	Fra	E12
	166,0	W. Hökendorf	Ger	W13
	250,0	J. Bejgrowicz	Pol	Wc13
	630,0	H.J. Kaule	Ger	WC14

MEN 95 kg

M1 40-49				
SQUAT	332,5	Z. Turowski	Pol	E11
BENCH	250,0	M.Diggers	USA	US10
DEADLIFT	295,0	M.Diggers	USA	US10
TOTAL	840,0	M.Diggers	USA	US10

M2 50-59

	305,0	S. Hoza	Cz	EL09
	220,0	J. Sztanke	Hun	W09
	270,5	P. Rathke	Ger	W14
	742,5	P. Rathke	GER	EM15

M3 60-69

	275,0	J. Rouse	USA	2003
	182,5	J. Rouse	USA	2003
	260,0	S. Sochanski	Pol	WM16
	707,5	J. Rouse	USA	2003

MEN 110 kg

M1 40-49				
SQUAT	360,0	R. Döhne	Ger	E09
BENCH	272,5	R.Paden	USA	W11
DEADLIFT	300,0	E.Daurer	AUT	WM18
TOTAL	855,0	L. Kupcsik	Hun	W09

M2 50-59

	340,0	G. Hatfield	USA	US12
	250,0	J. Flett	Ger	E13
	300,0	J. Sokolowski	Pol	W10
	815,5	G. Hatfield	USA	US11

M3 60-69

	300,0	J. Sztanke	Hun	E14
	185,0	K.Slosarek	GER	WM22
	282,5	Sandberg	USA	2001
	750,0	Sandberg	USA	2001

MEN 125 kg

M1 40-49				
SQUAT	400,0	R. Kruse	Ger	W12
BENCH	272,5	O. Hudák	Svk	WM16
DEADLIFT	320,0	O. Hudák	Svk	EM16
TOTAL	965,0	O. Hudák	Svk	EM16

M2 50-59

	355,0	T. Bowman	USA	US10
	231,0	R.Radusinović	CRO	EM22
	325,0	R.Radusinović	CRO	WM21
	878,0	R.Radusinović	CRO	WM21

M3 60-69

	235,0	M. Brown	UK	W02
	95,0	M. Brown	UK	W02
	235,0	M. Brown	UK	W02
	565,0	M. Brown	UK	W02

MEN 125+ kg

M1 40-49				
SQUAT	412,5	M. Zehethofer	AUT	EM19
BENCH	290,0	M.Zehethofer	AUT	WM17
DEADLIFT	348,0	M.Zehethofer	AUT	WM16
TOTAL	1032,5	M. Zehethofer	AUT	EM19

M2 50-59

	340,0	Magee	USA	2001
	205,0	Magee	USA	2001
	282,5	B.Huber	USA	US17
	795,0	Magee	USA	2001

M3 60-69

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M4 70-74				
SQUAT	140,0	Kawasaki	USA	2000
BENCH	106,5	Kawasaki	USA	2000
DEADLIFT	184,0	Kawasaki	USA	2000
TOTAL	427,5	Kawasaki	USA	2000

MEN 82,5 kg

M4 70-74				
SQUAT	217,5	J. Rouse	USA	W11
BENCH	147,5	J. Rouse	USA	W11
DEADLIFT	200,0	J. Rouse	USA	W11
TOTAL	565,0	J. Rouse	USA	W11

MEN 95 kg

M4 70-74				
SQUAT	200,0	J. Rouse	USA	US11
BENCH	142,5	J. Rouse	USA	US11
DEADLIFT	218,0	J. Rouse	USA	US11
TOTAL	560,0	J. Rouse	USA	US11

MEN 110 kg

M4 70-74				
SQUAT	150,0	LB. Baker	USA	W11
BENCH	105,0	LB. Baker	USA	W11
DEADLIFT	160,0	LB. Baker	USA	W11
TOTAL	415,0	LB. Baker	USA	W11

MEN 125 kg

M4 70-74				
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

MEN 125+ kg

M4 70-74				
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

M5 75+				
	100,0	C. Keszthelyi	Hun	W08
	73,0	C. Keszthelyi	Hun	WC08
	122,5	C. Keszthelyi	Hun	WC08
	293,0	C. Keszthelyi	Hun	WC08

M5 75+				
	165,0	G. Tschierschky	Ger	W09
	102,5	Upton	USA	2000
	180,0	G. Tschierschky	Ger	W09
	445,0	G. Tschierschky	Ger	W09

M5 75+				
	150,0	G. Tschierschky	Ger	WC10
	80,0	G. Tschierschky	Ger	WC10
	170,0	G. Tschierschky	Ger	WC10
	400,0	G. Tschierschky	Ger	WC10

M5 75+				

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