



# WUAP World Records

## BENCHPRESS EQ

### Men and Women



Mens	Open	TEENS	JUNIOR	M1 40-49	M2 50-59	M3 60-69	M4 70-74	M5 75+
67.5kg	205,0	190,0	205,0	165,0	150,0	135,0	122,5	112,5
82.5kg	280,0	250,0	280,0	215,0	185,0	166,0	155,5	112,5
95kg	286,0	250,0	275,0	285,5	220,5	210,0	165,5	123,0
110kg	370,0	291,0	330,0	285,0	265,0	270,0	200,0	0,0
125kg	385,0	330,0	360,0	343,0	367,5	217,5	190,0	0,0
125+kg	455,0	265,0	280,0	343,0	372,5	202,5	0,0	117,5

Womens	Open	TEENS	JUNIOR	M1 40-49	M2 50-59	M3 60-69	M4 70-74	M5 75+
52 kg	85,0	85,0	55,0	82,5	80,0	62,5	0,0	0,0
60 kg	130,0	100,0	100,0	77,5	82,5	93,0	37,5	0,0
67.5 kg	170,0	105,0	117,5	170,0	105,0	92,5	0,0	0,0
82.5 kg	180,0	120,0	170,0	160,0	143,0	77,5	0,0	50,0
82,5+ kg	190,0	70,0	68,0	142,5	107,5	95,5	47,5	0,0

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#### MEN

	OPEN			
67,5	205,0	M. Herak	Svk	WM17
82,5	280,0	G. Kováč	SVK	EM15
95	286,0	O. Bazilevich	Ukr	WC07
110	370,0	Z. Csepregi	Hun	W12
125	385,0	Z. Csepregi	Hun	W14
125+	455,0	R.Buda	HUN	WM21

TEENS			
190,0	M. Herak	Svk	EM16
250,0	G. Kováč	Svk	W13
250,0	M. Adamove	SVK	EM15
291,0	M. Adamove	Svk	EM16
330,0	J.Velgos	SVK	WM18
265,0	T. Brown (pl)	USA	US09

JUNIOR			
205,0	M. Herak	Svk	WM17
280,0	G. Kováč	SVK	EM15
275,0	A. Krymov	Ukr	W05
330,0	G. Katona	Hun	E13
360,0	R. Buda	HUN	WM16
280,0	P.Sakala	SVK	WM18

#### WOMEN

	OPEN			
52	85,0	D. Hojsiková	Svk	WC09
60	130,0	D. Liptáková	Svk	W12
67,5	170,0	R. Nagy	Hun	EM16
82,5	180,0	J. Kosturová	Svk	WM16
82,5+	190,0	L. Hayduchenko	Ukr	W05

TEENS			
85,0	D. Hojsiková	Svk	WC09
100,0	D. Hojsiková	Svk	E11
105,0	V. Varga (pl)	Hun	E12
120,0	V. Varga (pl)	Hun	W12
70,0	V. Spodniaková	Svk	W14

JUNIOR			
55,0	J. Jansone	Lat	W12
100,0	M. Golob (pl)	Slo	E13
117,5	J. Kostúrová (pl)	Svk	E09
170,0	J. Kostúrová	Svk	E13
68,0	K. Barnes (pl)	USA	US13

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<b>MEN</b>	<b>M1 40-49</b>			
<b>67,5</b>	165,0	R. Wick	Ger	W10
<b>82,5</b>	215,0	O. Illaronov	Lat	E12
<b>95</b>	285,5	L. Kupcsik	Hun	W07
<b>110</b>	285,0	A.Smutny	SVK	EM19
<b>125</b>	343,0	T. Moon	USA	US13
<b>125+</b>	343,0	T. Moon	USA	WM13

<b>M2 50-59</b>			
150,0	I. Tóth	Hun	W09
185,0	D. Heinrich (pl)	Ger	W13
220,5	J. Sztanke	Hun	E13
265,0	F.Balázs	HUN	WM21
367,5	T. Moon	USA	US14
372,5	T. Moon	USA	WM15

<b>M3 60-69</b>			
135,0	H. Klein	Ger	W09
166,0	W. Hökendorf (pl)	Ger	W13
210,0	D. Swift	USA	US12
270,0	W. Grabowski	Pol	WC13
217,5	J.Nussbaumer	AUT	WM18
202,5	J. Péter	Svk	W12

<b>WOMEN</b>	<b>M1 40-49</b>			
<b>52</b>	82,5	Y. Hao (pl)	USA	W11
<b>60</b>	77,5	D. Amos	USA	2002
<b>67,5</b>	170,0	R. Nagy	Hun	EM16
<b>82,5</b>	160,0	R.Nagy	HUN	WM21
<b>82,5+</b>	142,5	M. Berry	USA	W09

<b>M2 50-59</b>			
80,0	A. Leverett (pl)	USA	AC10
82,5	I. Gehringer (pl)	Ger	W10
105,0	L. Zanki (pl)	Ger	W13
143,0	L. Leiblová	CZE	E14
107,5	E. Lucas	Ger	W12

<b>M3 60-69</b>			
62,5	I.Kaule	GER	WM18
93,0	I. Rinas	Ger	W14
92,5	I. Rinas (pl)	Ger	W13
77,5	U. Eulenstein	Ger	W12
95,5	I. Hagge	Ger	W13

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#### MEN

	M4 70-74			
67,5	122,5	E. Trichlin	Aut	W13
82,5	155,5	L. Jobbágy	HUN	Wm18
95	165,5	A. Stolz	Aut	EM15
110	200,0	H. Reimann	GER	WM22
125	190,0	J. Nussbaumar	AUT	WM21
125+				

M5 75+			
112,5	H. Klein	Ger	WM16
112,5	G. Lindas	USA	US14
123,0	K. Merta	Ger	WM16
117,5	Harris	USA	2004

#### WOMEN

	M4 70-74			
52				
60	37,5	L. Baker (pl)	USA	US12
67,5				
82,5				
82,5+	47,5	Tenorio (pl)	USA	2000

M5 75+			
50,0	H. Schuster	Ger	W13