



WUAP European Records - RAW Powerlifting - Women



Women	Open	T16-17	T18-19	JUNIOR	SUB	M40-44	M45-49	M50-54	M55-59	M60-64	M65-69	M70-74	M75-79	M80+
48 kg	Squat	97,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Benchpress	57,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Deadlift	107,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Total	262,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
52 kg	Squat	160,0	75,0	117,5	82,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Benchpress	92,5	56,0	57,5	40,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Deadlift	160,0	85,0	122,5	105,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Total	412,5	215,0	297,5	222,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
56 kg	Squat	150,0	100,0	0,0	100,0	0,0	110,0	0,0	72,5	0,0	0,0	0,0	0,0	0,0
	Benchpress	90,0	60,0	0,0	52,5	0,0	65,0	0,0	35,0	0,0	0,0	0,0	0,0	0,0
	Deadlift	165,0	125,0	0,0	135,0	0,0	135,0	0,0	90,5	0,0	0,0	0,0	0,0	0,0
	Total	405,0	285,0	0,0	282,5	0,0	310,0	0,0	198,0	0,0	0,0	0,0	0,0	0,0
60 kg	Squat	135,0	105,0	105,0	125,5	130,0	0,0	120,0	102,5	0,0	70,5	0,0	0,0	0,0
	Benchpress	100,0	60,0	47,5	60,0	70,0	0,0	65,0	50,0	0,0	37,5	0,0	0,0	0,0
	Deadlift	180,0	110,0	110,0	138,0	180,0	0,0	150,0	115,0	0,0	102,5	0,0	0,0	0,0
	Total	390,0	275,0	262,5	313,0	380,0	0,0	330,0	265,0	0,0	210,5	0,0	0,0	0,0
67.5 kg	Squat	180,0	110,0	150,0	140,0	180,0	152,5	147,5	0,0	0,0	0,0	0,0	0,0	0,0
	Benchpress	95,0	52,5	75,0	67,5	92,5	95,0	95,0	0,0	0,0	0,0	0,0	0,0	0,0
	Deadlift	190,0	120,5	150,0	150,0	185,0	190,0	160,0	0,0	0,0	0,0	0,0	0,0	0,0
	Total	457,5	283,0	375,0	335,0	457,5	433,5	400,0	0,0	0,0	0,0	0,0	0,0	0,0
75 kg	Squat	185,0	0,0	105,0	180,0	0,0	115,0	0,0	0,0	0,0	0,0	65,0	0,0	0,0
	Benchpress	87,5	0,0	45,0	87,5	0,0	65,0	0,0	0,0	0,0	0,0	50,0	0,0	0,0
	Deadlift	185,5	0,0	118,0	160,0	0,0	145,0	0,0	0,0	0,0	0,0	80,0	0,0	0,0
	Total	427,5	0,0	267,5	427,5	0,0	325,0	0,0	0,0	0,0	0,0	195,0	0,0	0,0
82.5 kg	Squat	220,0	0,0	0,0	180,0	0,0	0,0	0,0	0,0	0,0	105,0	0,0	0,0	0,0
	Benchpress	147,5	0,0	0,0	77,5	0,0	0,0	0,0	0,0	0,0	55,0	0,0	0,0	0,0
	Deadlift	245,0	0,0	0,0	180,0	0,0	0,0	0,0	0,0	0,0	150,0	0,0	0,0	0,0
	Total	612,5	0,0	0,0	437,5	0,0	0,0	0,0	0,0	0,0	310,0	0,0	0,0	0,0
90 kg	Squat	222,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Benchpress	140,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Deadlift	245,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Total	607,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
90+ kg	Squat	215,0	0,0	0,0	0,0	0,0	0,0	162,5	0,0	0,0	0,0	0,0	0,0	0,0
	Benchpress	95,0	0,0	0,0	0,0	0,0	0,0	90,0	0,0	0,0	0,0	0,0	0,0	0,0
	Deadlift	220,0	0,0	0,0	0,0	0,0	0,0	185,0	0,0	0,0	0,0	0,0	0,0	0,0
	Total	530,0	0,0	0,0	0,0	0,0	0,0	430,0	0,0	0,0	0,0	0,0	0,0	0,0

WUAP European Records - RAW Powerlifting - Women

Women 48 kg	Open					Submaster					Junior				
	Squat	97,5	M.Urbanovicz	POL	EM18										
	Bench	57,5	M.Urbanovicz	POL	EM18										
	Deadlift	107,5	M.Urbanovicz	POL	EM18										
	Total	262,5	M.Urbanovicz	POL	EM18										
Women 52 kg	Open					Submaster					Junior				
	Squat	160,0	M.Golob	SLO	WM17						82,5	V. Kanta	Hun	EM16	
	Bench	92,5	M.Golob	SLO	WM17						40,0	V. Kanta	Hun	EM16	
	Deadlift	160,0	M.Golob	SLO	EM17						105,0	V. Kanta	Hun	EM16	
	Total	412,5	M.Golob	SLO	WM17						222,5	V. Kanta	Hun	EM16	
Women 56 kg	Open					Submaster					Junior				
	Squat	150,0	M. Golob	Slo	EM16						100,0	D. Torok	Hun	EM16	
	Bench	90,0	M. Golob	Slo	EM15						52,5	D. Torok	Hun	EM16	
	Deadlift	165,0	M. Golob	Slo	EM16						135,0	D. Torok	Hun	EM16	
	Total	405,0	M. Golob	Slo	EM16						282,5	D. Torok	Hun	EM16	
Women 60 kg	Open					Submaster					Junior				
	Squat	135,0	L. Gvozdeva	Rus	WM14	130,0	C.Garhammer	SUI	EM17		125,5	F.Susa	HUN	WM17	
	Bench	100,0	L. Gvozdeva	Rus	WM14	70,0	C.Garhammer	SUI	EM17		60,0	F.Susa	HUN	WM17	
	Deadlift	180,0	C.Garhammer	SUI	EM17	180,0	C.Garhammer	SUI	EM17		138,0	B.Kováčiková	SVK	WM17	
	Total	390,0	L. Gvozdeva	Rus	WM14	380,0	C.Garhammer	SUI	EM17		313,0	N.Materek	POL	EM18	
Women 67.5 kg	Open					Submaster					Junior				
	Squat	180,0	E. Simova	SVK	EM15	180,0	E. Simova	SVK	EM15		140,0	K. Zsido	HUN	EM16	
	Bench	95,0	Dr. K. Schindlerne Kis	Hun	WM16	92,5	E. Simova	SVK	EM15		67,5	J.Lanecka	POL	EM18	
	Deadlift	190,0	M. Baszo	Hun	WM17	185,0	E. Simova	SVK	EM15		150,0	K. Zsido	HUN	EM16	
	Total	457,5	E. Simova	SVK	EM15	457,5	E. Simova	SVK	EM15		335,0	K. Zsido	HUN	EM16	
Women 75 kg	Open					Submaster					Junior				
	Squat	185,0	D.Herber	GER	WM16						180,0	T.Brodetska	UKR	EM18	
	Bench	87,5	D.Madejova	CZE	WM17						87,5	T.Brodetska	UKR	EM18	
	Deadlift	185,5	D.Herber	GER	WM16						160,0	T.Brodetska	UKR	EM18	
	Total	427,5	T.Brodetska	UKR	EM18						427,5	T.Brodetska	UKR	EM18	
Women 82.5 kg	Open					Submaster					Junior				
	Squat	220,0	N.Otter	GER	WM17						180,0	M. Lachmann	HUN	EM15	
	Bench	147,5	N.Otter	GER	WM17						77,5	M. Lachmann	HUN	EM15	
	Deadlift	245,0	N.Otter	GER	WM17						180,0	M. Lachmann	HUN	EM15	
	Total	612,5	N.Otter	GER	WM17						437,5	M. Lachmann	HUN	EM15	
Women 90 kg	Open					Submaster					Junior				
	Squat	222,5	N.Otter	GER	EM17										
	Bench	140,0	N.Otter	GER	EM17										
	Deadlift	245,0	N.Otter	GER	EM17										
	Total	607,5	N.Otter	GER	EM17										
Women 90+ kg	Open					Submaster					Junior				
	Squat	215,0	K.Koszela	POL	EM18										
	Bench	95,0	K.Koszela	POL	EM18										
	Deadlift	220,0	K.Koszela	POL	EM18										
	Total	530,0	K.Koszela	POL	EM18										

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Women 48 kg	T16-17				T18-19				
	Squat								
	Bench								
	Deadlift								
	Total								
Women 52 kg	T16-17				T18-19				
	Squat	75,0	J.Krasticsova	CZE	WM17	117,5	T.Patelczyk	POL	EM18
	Bench	56,0	J.Krasticsova	CZE	WM17	57,5	T.Patelczyk	POL	EM18
	Deadlift	85,0	J.Krasticsova	CZE	WM17	122,5	T.Patelczyk	POL	EM18
	Total	215,0	J.Krasticsova	CZE	WM17	297,5	T.Patelczyk	POL	EM18
Women 56 kg	T16-17				T18-19				
	Squat	100,0	V.Kurnat	UKR	US17				
	Bench	60,0	V.Kurnat	UKR	US17				
	Deadlift	125,0	V.Kurnat	UKR	US17				
	Total	285,0	V.Kurnat	UKR	US17				
Women 60 kg	T16-17				T18-19				
	Squat	105,0	R. Bohus	HUN	EM16	105,0	A Szilagyi	HUN	EM16
	Bench	60,0	R. Bohus	HUN	EM16	47,5	A Szilagyi	HUN	EM16
	Deadlift	110,0	R. Bohus	HUN	EM16	110,0	A Szilagyi	HUN	EM16
	Total	275,0	R. Bohus	HUN	EM16	262,5	A Szilagyi	HUN	EM16
Women 67.5 kg	T16-17				T18-19				
	Squat	110,0	L.Napora	POL	EM18	150,0	K.Derglova	CZE	WM17
	Bench	52,5	L.Napora	POL	EM18	75,0	K.Derglova	CZE	WM17
	Deadlift	120,5	L.Napora	POL	EM18	150,0	K.Derglova	CZE	WM17
	Total	283,0	L.Napora	POL	EM18	375,0	K.Derglova	CZE	WM17
Women 75 kg	T16-17				T18-19				
	Squat					105,0	V. Harsanyi	Hun	EM16
	Bench					45,0	V. Harsanyi	Hun	EM16
	Deadlift					118,0	K.Derlatka	POL	EM18
	Total					267,5	V. Harsanyi	Hun	EM16
Women 82.5 kg	T16-17				T18-19				
	Squat								
	Bench								
	Deadlift								
	Total								
Women 90 kg	T16-17				T18-19				
	Squat								
	Bench								
	Deadlift								
	Total								
Women 90+ kg	T16-17				T18-19				
	Squat								
	Bench								
	Deadlift								
	Total								

WUAP European Records - RAW Powerlifting - Women

Women 48 kg	M40-44					M45-49					M50-54				
	Squat														
	Bench														
	Deadlift														
	Total														
Women 52 kg	M40-44					M45-49					M50-54				
	Squat														
	Bench														
	Deadlift														
	Total														
Women 56 kg	M40-44	110,0	M.Swirska	POL	EM18	M45-49					M50-54	72,5	E.Szombatová	SVK	EM17
	Squat											35,0	E.Szombatova	SVK	WM16
	Bench	65,0	M.Swirska	POL	EM18							90,5	E.Szombatová	SVK	EM17
	Deadlift	135,0	M.Swirska	POL	EM18							198,0	E.Szombatová	SVK	EM17
	Total	310,0	M.Swirska	POL	EM18										
Women 60 kg	M40-44					M45-49	120,0	M.Zazvonilova	CZE	WM17	M50-54	102,5	H.Woltjen	GER	WM16
	Squat						65,0	M.Zazvonilova	CZE	WM17		50,0	H.Woltjen	GER	WM16
	Bench						150,0	M.Zazvonilova	CZE	WM17		115,0	H.Woltjen	GER	WM16
	Deadlift						330,0	M.Zazvonilova	CZE	WM17		265,0	H.Woltjen	GER	WM16
	Total														
Women 67.5 kg	M40-44	152,5	M. Baszo	Hun	WM17	M45-49	147,5	Dr. K. Schindlerne Kis	Hun	WM16	M50-54				
	Squat	95,0	M. Baszo	Hun	WM17		95,0	Dr. K. Schindlerne Kis	Hun	WM16					
	Bench	190,0	M. Baszo	Hun	WM17		160,0	M.Zazvonilova	CZE	WM16					
	Deadlift	433,5	M. Baszo	Hun	WM17		400,0	Dr. K. Schindlerne Kis	Hun	WM16					
	Total														
Women 75 kg	M40-44	115,0	B.Kowalska	POL	EM18	M45-49					M50-54				
	Squat	65,0	B.Kowalska	POL	EM18										
	Bench	145,0	B.Kowalska	POL	EM18										
	Deadlift	325,0	B.Kowalska	POL	EM18										
	Total														
Women 82.5 kg	M40-44					M45-49					M50-54				
	Squat														
	Bench														
	Deadlift														
	Total														
Women 90 kg	M40-44					M45-49					M50-54				
	Squat														
	Bench														
	Deadlift														
	Total														
Women 90+ kg	M40-44					M45-49					M50-54	162,5	M.Pannekamp	Ger	WM16
	Squat											90,0	M.Pannekamp	Ger	WM16
	Bench											185,0	M.Pannekamp	Ger	WM16
	Deadlift											430,0	M.Pannekamp	Ger	WM16
	Total														

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