



WUAP European Records - RAW Powerlifting - Women



Women	Open	T16-17	T18-19	JUNIOR	SUB	M40-44	M45-49	M50-54	M55-59	M60-64	M65-69	M70-74	M75-79	M80+
48 kg	Squat	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Benchpress	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Deadlift	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Total	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
52 kg	Squat	160,0	75,0	100,0	82,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Benchpress	92,5	56,0	45,0	40,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Deadlift	160,0	85,0	115,0	105,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Total	412,5	215,0	255,0	222,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
56 kg	Squat	150,0	100,0	0,0	100,0	0,0	0,0	0,0	72,5	0,0	0,0	0,0	0,0	0,0
	Benchpress	90,0	60,0	0,0	52,5	0,0	0,0	0,0	35,0	0,0	0,0	0,0	0,0	0,0
	Deadlift	165,0	125,0	0,0	135,0	0,0	0,0	0,0	90,5	0,0	0,0	0,0	0,0	0,0
	Total	405,0	285,0	0,0	282,5	0,0	0,0	0,0	198,0	0,0	0,0	0,0	0,0	0,0
60 kg	Squat	135,0	105,0	105,0	125,5	130,0	0,0	120,0	102,5	0,0	70,5	0,0	0,0	0,0
	Benchpress	100,0	60,0	47,5	60,0	70,0	0,0	65,0	50,0	0,0	37,5	0,0	0,0	0,0
	Deadlift	180,0	110,0	110,0	138,0	180,0	0,0	150,0	115,0	0,0	102,5	0,0	0,0	0,0
	Total	390,0	275,0	262,5	305,5	380,0	0,0	330,0	265,0	0,0	210,5	0,0	0,0	0,0
67.5 kg	Squat	180,0	90,0	150,0	140,0	180,0	152,5	147,5	0,0	0,0	0,0	0,0	0,0	0,0
	Benchpress	95,0	47,5	75,0	65,0	92,5	95,0	95,0	0,0	0,0	0,0	0,0	0,0	0,0
	Deadlift	185,0	120,0	150,0	150,0	185,0	190,0	160,0	0,0	0,0	0,0	0,0	0,0	0,0
	Total	457,5	252,5	375,0	335,0	457,5	433,5	400,0	0,0	0,0	0,0	0,0	0,0	0,0
75 kg	Squat	185,0	0,0	105,0	145,0	0,0	0,0	0,0	0,0	0,0	0,0	65,0	0,0	0,0
	Benchpress	87,5	0,0	45,0	75,0	0,0	0,0	0,0	0,0	0,0	0,0	50,0	0,0	0,0
	Deadlift	185,5	0,0	117,5	157,5	0,0	0,0	0,0	0,0	0,0	0,0	80,0	0,0	0,0
	Total	417,5	0,0	267,5	367,5	0,0	0,0	0,0	0,0	0,0	0,0	195,0	0,0	0,0
82.5 kg	Squat	220,0	0,0	0,0	180,0	0,0	0,0	0,0	0,0	0,0	105,0	0,0	0,0	0,0
	Benchpress	147,5	0,0	0,0	77,5	0,0	0,0	0,0	0,0	0,0	55,0	0,0	0,0	0,0
	Deadlift	245,0	0,0	0,0	180,0	0,0	0,0	0,0	0,0	0,0	150,0	0,0	0,0	0,0
	Total	612,5	0,0	0,0	437,5	0,0	0,0	0,0	0,0	0,0	310,0	0,0	0,0	0,0
90 kg	Squat	222,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Benchpress	140,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Deadlift	245,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
	Total	607,5	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
90+ kg	Squat	162,5	0,0	0,0	0,0	0,0	0,0	0,0	162,5	0,0	0,0	0,0	0,0	0,0
	Benchpress	90,0	0,0	0,0	0,0	0,0	0,0	0,0	90,0	0,0	0,0	0,0	0,0	0,0
	Deadlift	185,0	0,0	0,0	0,0	0,0	0,0	0,0	185,0	0,0	0,0	0,0	0,0	0,0
	Total	430,0	0,0	0,0	0,0	0,0	0,0	0,0	430,0	0,0	0,0	0,0	0,0	0,0

WUAP European Records - RAW Powerlifting - Women

Weight Class	Open	Submaster	Junior
Women 48 kg	Open	Submaster	Junior
	Squat		
	Bench		
	Deadlift		
	Total		
Women 52 kg	Open	Submaster	Junior
	Squat	160,0 M.Golob SLO WM17	82,5 V. Kanta Hun EM16
	Bench	92,5 M.Golob SLO WM17	40,0 V. Kanta Hun EM16
	Deadlift	160,0 M.Golob SLO EM17	105,0 V. Kanta Hun EM16
	Total	412,5 M.Golob SLO WM17	222,5 V. Kanta Hun EM16
Women 56 kg	Open	Submaster	Junior
	Squat	150,0 M. Golob Slo EM16	100,0 D. Torok Hun EM16
	Bench	90,0 M. Golob Slo EM15	52,5 D. Torok Hun EM16
	Deadlift	165,0 M. Golob Slo EM16	135,0 D. Torok Hun EM16
	Total	405,0 M. Golob Slo EM16	282,5 D. Torok Hun EM16
Women 60 kg	Open	Submaster	Junior
	Squat	135,0 L. Gvozdeva Rus WM14	130,0 C.Garhammer SUI EM17
	Bench	100,0 L. Gvozdeva Rus WM14	70,0 C.Garhammer SUI EM17
	Deadlift	180,0 C.Garhammer SUI EM17	180,0 C.Garhammer SUI EM17
	Total	390,0 L. Gvozdeva Rus WM14	380,0 C.Garhammer SUI EM17
Women 67.5 kg	Open	Submaster	Junior
	Squat	180,0 E. Simova SVK EM15	180,0 E. Simova SVK EM15
	Bench	95,0 Dr. K. Schindlerne Kis Hun WM16	92,5 E. Simova SVK EM15
	Deadlift	185,0 E. Simova SVK EM15	185,0 E. Simova SVK EM15
	Total	457,5 E. Simova SVK EM15	457,5 E. Simova SVK EM15
Women 75 kg	Open	Submaster	Junior
	Squat	185,0 D.Herber GER WM16	145,0 D.Kmetova SVK WM17
	Bench	87,5 D.Madejova CZE WM17	75,0 D.Kmetova SVK WM17
	Deadlift	185,5 D.Herber GER WM16	157,5 D.Kmetova SVK WM17
	Total	417,5 B.Andersch AUT EM17	367,5 D.Kmetova SVK WM17
Women 82.5 kg	Open	Submaster	Junior
	Squat	220,0 N.Otter GER WM17	180,0 M. Lachmann HUN EM15
	Bench	147,5 N.Otter GER WM17	77,5 M. Lachmann HUN EM15
	Deadlift	245,0 N.Otter GER WM17	180,0 M. Lachmann HUN EM15
	Total	612,5 N.Otter GER WM17	437,5 M. Lachmann HUN EM15
Women 90 kg	Open	Submaster	Junior
	Squat	222,5 N.Otter GER EM17	
	Bench	140,0 N.Otter GER EM17	
	Deadlift	245,0 N.Otter GER EM17	
	Total	607,5 N.Otter GER EM17	
Women 90+ kg	Open	Submaster	Junior
	Squat	162,5 M.Pannekamp Ger WM16	
	Bench	90,0 M.Pannekamp Ger WM16	
	Deadlift	185,0 M.Pannekamp Ger WM16	
	Total	430,0 M.Pannekamp Ger WM16	

WUAP European Records - RAW Powerlifting - Women

Women 48 kg	T16-17				T18-19				
	Squat								
	Bench								
	Deadlift								
	Total								
Women 52 kg	T16-17				T18-19				
	Squat	75,0	J.Krasticsova	CZE	WM17	100,0	T.Grubrova	CZE	WM16
	Bench	56,0	J.Krasticsova	CZE	WM17	45,0	D. Ruznyak	HUN	EM16
	Deadlift	85,0	J.Krasticsova	CZE	WM17	115,0	D. Ruznyak	HUN	EM16
	Total	215,0	J.Krasticsova	CZE	WM17	255,0	T.Grubrova	CZE	WM16
Women 56 kg	T16-17				T18-19				
	Squat	100,0	V.Kurnat	UKR	US17				
	Bench	60,0	V.Kurnat	UKR	US17				
	Deadlift	125,0	V.Kurnat	UKR	US17				
	Total	285,0	V.Kurnat	UKR	US17				
Women 60 kg	T16-17				T18-19				
	Squat	105,0	R. Bohus	HUN	EM16	105,0	A Szilagy	HUN	EM16
	Bench	60,0	R. Bohus	HUN	EM16	47,5	A Szilagy	HUN	EM16
	Deadlift	110,0	R. Bohus	HUN	EM16	110,0	A Szilagy	HUN	EM16
	Total	275,0	R. Bohus	HUN	EM16	262,5	A Szilagy	HUN	EM16
Women 67.5 kg	T16-17				T18-19				
	Squat	90,0	C. Sipos	Hun	WM14	150,0	K.Derglova	CZE	WM17
	Bench	47,5	V.Sekerakova	CZE	EM17	75,0	K.Derglova	CZE	WM17
	Deadlift	120,0	C. Sipos	Hun	WM14	150,0	K.Derglova	CZE	WM17
	Total	252,5	C. Sipos	Hun	WM14	375,0	K.Derglova	CZE	WM17
Women 75 kg	T16-17				T18-19				
	Squat					105,0	V. Harsanyi	Hun	EM16
	Bench					45,0	V. Harsanyi	Hun	EM16
	Deadlift					117,5	V. Harsanyi	Hun	EM16
	Total					267,5	V. Harsanyi	Hun	EM16
Women 82.5 kg	T16-17				T18-19				
	Squat								
	Bench								
	Deadlift								
	Total								
Women 90 kg	T16-17				T18-19				
	Squat								
	Bench								
	Deadlift								
	Total								
Women 90+ kg	T16-17				T18-19				
	Squat								
	Bench								
	Deadlift								
	Total								

WUAP European Records - RAW Powerlifting - Women

Women 48 kg	M40-44				M45-49				M50-54				
	Squat												
	Bench												
	Deadlift												
	Total												
Women 52 kg	M40-44				M45-49				M50-54				
	Squat												
	Bench												
	Deadlift												
	Total												
Women 56 kg	M40-44				M45-49				M50-54				
	Squat									72,5	E.Szombatová	SVK	EM17
	Bench									35,0	E.Szombatova	SVK	WM16
	Deadlift									90,5	E.Szombatová	SVK	EM17
	Total									198,0	E.Szombatová	SVK	EM17
Women 60 kg	M40-44				M45-49				M50-54				
	Squat									120,0	M.Zazvonilova	CZE	WM17
	Bench									65,0	M.Zazvonilova	CZE	WM17
	Deadlift									150,0	M.Zazvonilova	CZE	WM17
	Total									330,0	M.Zazvonilova	CZE	WM17
Women 67.5 kg	M40-44				M45-49				M50-54				
	Squat	152,5	M. Baszo	Hun	WM17	147,5	Dr. K. Schindlerne Kis	Hun	WM16				
	Bench	95,0	M. Baszo	Hun	WM17	95,0	Dr. K. Schindlerne Kis	Hun	WM16				
	Deadlift	190,0	M. Baszo	Hun	WM17	160,0	M.Zazvonilova	CZE	WM16				
	Total	433,5	M. Baszo	Hun	WM17	400,0	Dr. K. Schindlerne Kis	Hun	WM16				
Women 75 kg	M40-44				M45-49				M50-54				
	Squat												
	Bench												
	Deadlift												
	Total												
Women 82.5 kg	M40-44				M45-49				M50-54				
	Squat												
	Bench												
	Deadlift												
	Total												
Women 90 kg	M40-44				M45-49				M50-54				
	Squat												
	Bench												
	Deadlift												
	Total												
Women 90+ kg	M40-44				M45-49				M50-54				
	Squat									162,5	M.Pannekamp	Ger	WM16
	Bench									90,0	M.Pannekamp	Ger	WM16
	Deadlift									185,0	M.Pannekamp	Ger	WM16
	Total									430,0	M.Pannekamp	Ger	WM16

WUAP European Records - RAW Powerlifting - Women

	M55-59	M60-64	M65-69
Women 48 kg			
Squat			
Bench			
Deadlift			
Total			
Women 52 kg			
Squat			
Bench			
Deadlift			
Total			
Women 56 kg			
Squat			
Bench			
Deadlift			
Total			
Women 60 kg			
Squat		70,5 K. Baranovicova SVK EM17	
Bench		37,5 K. Baranovicova SVK EM17	
Deadlift		102,5 K. Baranovicova SVK EM17	
Total		210,5 K. Baranovicova SVK EM17	
Women 67.5 kg			
Squat			
Bench			
Deadlift			
Total			
Women 75 kg			
Squat			65,0 E. Ujvari Hun EM16
Bench			50,0 E. Ujvari Hun EM16
Deadlift			80,0 E. Ujvari Hun EM16
Total			195,0 E. Ujvari Hun EM16
Women 82.5 kg			
Squat		105,0 K. Rohrmann HUN EM16	
Bench		55,0 K. Rohrmann HUN EM16	
Deadlift		150,0 K. Rohrmann HUN EM16	
Total		310,0 K. Rohrmann HUN EM16	
Women 90 kg			
Squat			
Bench			
Deadlift			
Total			
Women 90+ kg			
Squat			
Bench			
Deadlift			
Total			

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