



WUAP European Records

POWERLIFTING RAW

MEN



MEN
67,5 kg

	Open	TEENS	JUNIOR	M1 40-49	M2 50-59	M3 60-69	M4 70-74	M5 75+
SQUAT	250,0	195,0	192,5	150,0	155,0	110,0	100,0	0,0
BENCHPRESS	165,0	115,0	115,0	130,0	115,0	95,0	72,5	0,0
DEADLIFT	260,0	220,0	240,0	192,5	190,0	145,0	115,0	0,0
TOTAL	672,5	500,0	532,5	440,0	445,5	350,0	287,5	0,0

82,5 kg

SQUAT	283,0	245,0	280,0	255,0	242,5	220,0	150,0	110,0
BENCHPRESS	180,0	173,0	165,0	180,0	152,5	131,0	127,5	77,5
DEADLIFT	290,0	280,0	290,0	265,0	240,0	255,0	175,0	140,0
TOTAL	735,0	658,0	735,0	687,5	632,5	550,0	442,5	325,0

95 kg

SQUAT	300,0	270,0	285,0	292,5	227,5	180,0	0,0	0,0
BENCHPRESS	190,0	171,0	185,0	185,0	166,0	170,0	0,0	0,0
DEADLIFT	337,5	280,0	315,0	290,0	250,0	230,0	0,0	0,0
TOTAL	790,0	700,0	762,5	742,5	623,5	580,0	0,0	0,0

110 kg

SQUAT	340,0	320,0	335,0	300,0	320,0	240,5	210,0	0,0
BENCHPRESS	230,0	201,0	200,5	200,0	180,0	172,5	120,0	0,0
DEADLIFT	355,0	325,0	355,0	305,5	325,0	270,0	214,0	0,0
TOTAL	880,5	841,0	880,5	790,0	815,0	648,5	570,0	0,0

125 kg

SQUAT	370,0	265,0	305,0	310,0	270,0	210,0	0,0	0,0
BENCHPRESS	232,5	165,5	220,0	205,0	171,0	170,5	0,0	0,0
DEADLIFT	332,5	275,5	320,0	310,0	290,0	200,0	0,0	0,0
TOTAL	892,5	701,0	855,0	780,0	690,0	550,0	0,0	0,0

125+ kg

SQUAT	380,0	290,0	320,0	340,0	300,0	0,0	0,0	0,0
BENCHPRESS	240,0	220,0	210,0	230,0	180,0	0,0	0,0	0,0
DEADLIFT	345,0	310,0	345,0	340,0	315,0	0,0	0,0	0,0
TOTAL	937,5	820,0	852,5	870,0	795,0	0,0	0,0	0,0

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OPEN				
SQUAT	250,0	N.Kuhn	GER	EM19
BENCH	165,0	I.Mester	HUN	EM22
DEADLIFT	260,0	N.Kuhn	GER	EM19
TOTAL	672,5	N.Kuhn	GER	EM19

TEENS				
	195,0	D.Starchuski	POL	EM18
	115,0	A Kiss	Hun	EM16
	220,0	A.Petra	SVK	WM21
	500,0	A.Petra	SVK	WM21

JUNIOR				
	192,5	M.Kiss	HUN	WM21
	115,0	D. Okros	HUN	EM16
	240,0	M.Kiss	HUN	WM21
	532,5	M.Kiss	HUN	WM21

MEN 82,5 kg

OPEN				
SQUAT	283,0	S.Stopar	SLO	WM17
BENCH	180,0	P.Gažko	CZE	WM22
DEADLIFT	290,0	B.Hajdu	HUN	WM18
TOTAL	735,0	B.Hajdu	HUN	WM18

TEENS				
	245,0	I.Hajdoni	SVK	WM21
	173,0	I.Hajdoni	SVK	WM21
	280,0	D.Koukal	CZE	WM18
	658,0	I.Hajdoni	SVK	WM21

JUNIOR				
	280,0	B.Hajdu	HUN	WM18
	165,0	B.Hajdu	HUN	WM18
	290,0	B.Hajdu	HUN	WM18
	735,0	B.Hajdu	HUN	WM18

MEN 95 kg

OPEN				
SQUAT	300,0	P.Klimo	SVK	WM18
BENCH	190,0	J. Fazekas	HUN	EM15
DEADLIFT	337,5	A.Ignecci	HUN	WM21
TOTAL	790,0	A.Ignecci	HUN	WM21

TEENS				
	270,0	M.Šuverík	SVK	WM18
	171,0	D.Kovalcik	CZE	WM17
	280,0	E.Lewin	AUT	EM18
	700,0	M.Šuverík	SVK	WM18

JUNIOR				
	285,0	D.Maslinski	POL	EM18
	185,0	A.Ignecci	HUN	WM18
	315,0	T.L.Tóth	HUN	WM21
	762,5	A.Ignecci	HUN	WM18

MEN 110 kg

OPEN				
SQUAT	340,0	P. Folprecht	CZE	EM17
BENCH	230,0	T. Bocz	HUN	EM15
DEADLIFT	355,0	J.Nagy	HUN	WM17
TOTAL	880,5	J.Nagy	HUN	WM17

TEENS				
	320,0	M.Syrovátka	CZE	WM18
	201,0	M.Syrovátka	CZE	WM18
	325,0	M.Havlíček	CZE	EM18
	841,0	M.Syrovátka	CZE	WM18

JUNIOR				
	335,0	M.Dvořáček	CZE	WM18
	200,5	J.Nagy	HUN	WM17
	355,0	J.Nagy	HUN	WM17
	880,5	J.Nagy	HUN	WM17

MEN 125 kg

OPEN				
SQUAT	370,0	R.Ondricko	SVK	WM18
BENCH	232,5	T. Bocz	Hun	EM16
DEADLIFT	332,5	G.Bencze	HUN	WM18
TOTAL	892,5	G.Bencze	HUN	WM18

TEENS				
	265,0	M.Enin	GER	EM19
	165,5	J.Horčíciak	SVK	EM18
	275,5	J.Horčíciak	SVK	EM18
	701,0	J.Horčíciak	SVK	EM18

JUNIOR				
	305,0	P.Somorovský	SVK	WM17
	220,0	V. Nedzeksyi	Ukr	WM14
	320,0	Z.Borbiro	HUN	WM18
	855,0	P.Somorovský	SVK	WM18

MEN 125+ kg

OPEN				
SQUAT	380,0	G.Gogolidze	GEO	WM17
BENCH	240,0	T.Szijártó	HUN	WM21
DEADLIFT	345,0	G.Gogolidze	GEO	WM17
TOTAL	937,5	G.Gogolidze	GEO	WM17

TEENS				
	290,0	E. Karacsondi	Hun	WM14
	220,0	E. Karacsondi	Hun	WM14
	310,0	E. Karacsondi	Hun	WM14
	820,0	E. Karacsondi	Hun	WM14

JUNIOR				
	320,0	P.Uváček	SVK	EM22
	210,0	P.Uváček	SVK	EM22
	345,0	L.Udiljak	HRV	WM18
	852,5	L.Udiljak	HRV	WM18

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M1 40-49				
SQUAT	150,0	G.Pál	HUN	WM21
BENCH	130,0	L.Simon	HUN	EM17
DEADLIFT	192,5	S.Giesecke	GER	WM18
TOTAL	440,0	L.Simon	HUN	EM17

M2 50-59				
	155,0	K.Rooch	GER	WM16
	115,0	K.Rooch	GER	WM16
	190,0	H.Bozat	TUR	EM17
	445,5	K.Rooch	GER	WM16

M3 60-69				
	110,0	L.Kurucz	HUN	WM21
	95,0	L.Kurucz	HUN	WM21
	145,0	L.Kurucz	HUN	WM21
	350,0	L.Kurucz	HUN	WM21

MEN 82,5 kg

M1 40-49				
SQUAT	255,0	A.Frič	SVK	EM22
BENCH	180,0	P.Gažko	CZE	WM22
DEADLIFT	265,0	A.Frič	SVK	EM22
TOTAL	687,5	A.Frič	SVK	EM22

M2 50-59				
	242,5	D.Riedel	GER	EM19
	152,5	M.Schmidt	GER	WM22
	240,0	M.Schmidt	GER	WM22
	632,5	M.Schmidt	GER	WM22

M3 60-69				
	220,0	A.Jasinski	POL	EM18
	131,0	R.Sack	Ger	WM14
	255,0	S.Sehovic	BiH	WM19
	550,0	A.Jasinski	POL	EM18

MEN 95 kg

M1 40-49				
SQUAT	292,5	A.Frič	SVK	EM19
BENCH	185,0	K.Howhannisian	ARM	WM18
DEADLIFT	290,0	D. Rade	SUI	EM15
TOTAL	742,5	A.Frič	SVK	EM19

M2 50-59				
	227,5	K.Tur	POL	EM19
	166,0	F. Kutzsch	Ger	WM14
	250,0	F. Kutzsch	Ger	WM14
	623,5	K.Tur	POL	EM19

M3 60-69				
	180,0	J. Sztanke	Hun	WM14
	170,0	J. Sztanke	Hun	WM14
	230,0	J. Sztanke	Hun	WM14
	580,0	J. Sztanke	Hun	WM14

MEN 110 kg

M1 40-49				
SQUAT	300,0	Z.Antal	HUN	WM18
BENCH	200,0	P.Maceášik	CZE	EM17
DEADLIFT	305,5	Z.Antal	HUN	WM21
TOTAL	790,0	Z. Antal	Hun	WM18

M2 50-59				
	320,0	U.auf der Maur	CHE	WM18
	180,0	U.auf der Maur	CHE	EM19
	325,0	U.auf der Maur	CHE	WM18
	815,0	U.auf der Maur	CHE	WM18

M3 60-69				
	240,5	J. Sztanke	Hun	WM16
	172,5	J. Sztanke	Hun	WM16
	270,0	W.Wrobel	POL	WM18
	648,5	J. Sztanke	Hun	WM16

MEN 125 kg

M1 40-49				
SQUAT	310,0	D.Schmalz	GER	WM16
BENCH	205,0	D.Udovic	SLO	EM17
DEADLIFT	310,0	O. Hudak	SVK	EM15
TOTAL	780,0	O. Hudak	SVK	EM15

M2 50-59				
	270,0	G.Tonoyan	ARM	WM18
	171,0	R.Lešiga	CZE	WM22
	290,0	G.Tonoyan	ARM	WM18
	690,0	G.Tonoyan	ARM	WM18

M3 60-69				
	210,0	J.Šolc	SVK	WM21
	170,5	K.Franck	GER	WM16
	200,0	J.Šolc	SVK	WM21
	550,0	J.Šolc	SVK	WM21

MEN 125+ kg

M1 40-49				
SQUAT	340,0	S.Voros	SVK	WM18
BENCH	230,0	M.Snajdr	SVK	WM17
DEADLIFT	340,0	M.Snajdr	SVK	WM17
TOTAL	870,0	M.Snajdr	SVK	WM17

M2 50-59				
	300,0	M.Zitzelsberger	GER	EM19
	180,0	M.Zitzelsberger	GER	EM19
	315,0	M.Zitzelsberger	GER	EM19
	795,0	M.Zitzelsberger	GER	EM19

M3 60-69				

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M4 70-74				
SQUAT	100,0	W.Hokendorf	GER	WM18
BENCH	72,5	W.Hokendorf	GER	WM18
DEADLIFT	115,0	W.Hokendorf	GER	WM18
TOTAL	287,5	W.Hokendorf	GER	WM18

M5 75+			

MEN 82,5 kg

M4 70-74				
SQUAT	150,0	R.Sack	GER	EM17
BENCH	127,5	K.Tamilowski	POL	EM18
DEADLIFT	175,0	R.Sack	GER	EM17
TOTAL	442,5	R.Sack	GER	EM17

M5 75+			
110,0	Dr. C. Keszthelyi	Hun	WM16
77,5	Dr. C. Keszthelyi	Hun	WM16
140,0	Dr. C. Keszthelyi	Hun	WM14
325,0	Dr. C. Keszthelyi	Hun	WM16

MEN 95 kg

M4 70-74				
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

M5 75+			

MEN 110 kg

M4 70-74				
SQUAT	210,0	L.Kiss	HUN	WM18
BENCH	120,0	L.Kiss	HUN	WM18
DEADLIFT	214,0	L.Kiss	HUN	WM18
TOTAL	570,0	L.Kiss	HUN	WM18

M5 75+			

MEN 125 kg

M4 70-74				
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

M5 75+			

MEN 125+ kg

M4 70-74				
SQUAT				
BENCH				
DEADLIFT				
TOTAL				

M5 75+			