



WUAP European Records - RAW Benchpress - Men and Women



Mens

- 56kg
- 60kg
- 67.5kg
- 75kg
- 82.5kg
- 90kg
- 100kg
- 110kg
- 125kg
- 140kg
- 140+kg

| | Open | T16-17 | T18-19 | JUNIOR | SUB | M40-44 | M45-49 | M50-54 | M55-59 | M60-64 | M65-69 | M70-74 | M75-79 | M80+ |
|--------|-------|--------|--------|--------|-------|--------|--------|--------|--------|--------|--------|--------|--------|------|
| 56kg | 140,0 | 90,0 | 0,0 | 132,5 | 87,5 | 0,0 | 90,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| 60kg | 146,0 | 95,0 | 112,5 | 110,0 | 90,0 | 0,0 | 85,0 | 95,0 | 0,0 | 120,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| 67.5kg | 195,0 | 150,0 | 127,5 | 127,5 | 130,0 | 140,0 | 135,0 | 130,0 | 135,0 | 112,5 | 120,0 | 82,5 | 100,0 | 47,5 |
| 75kg | 190,0 | 135,0 | 172,5 | 190,0 | 140,0 | 167,5 | 168,0 | 130,0 | 140,0 | 137,5 | 115,0 | 122,5 | 0,0 | 65,0 |
| 82.5kg | 232,5 | 145,0 | 171,0 | 186,0 | 177,5 | 173,0 | 180,5 | 173,5 | 155,0 | 147,5 | 135,0 | 125,0 | 120,0 | 73,0 |
| 90kg | 230,0 | 140,5 | 170,0 | 200,0 | 210,0 | 191,0 | 222,5 | 220,0 | 165,0 | 177,5 | 157,0 | 140,0 | 40,0 | 0,0 |
| 100kg | 232,5 | 160,0 | 200,0 | 215,0 | 215,0 | 220,0 | 210,5 | 195,0 | 172,5 | 175,0 | 160,0 | 143,5 | 108,0 | 0,0 |
| 110kg | 270,0 | 163,0 | 190,0 | 220,0 | 230,0 | 240,0 | 220,0 | 215,0 | 187,5 | 160,0 | 157,5 | 116,0 | 0,0 | 0,0 |
| 125kg | 255,5 | 125,0 | 192,5 | 240,0 | 248,0 | 217,5 | 220,0 | 195,0 | 190,0 | 180,0 | 160,0 | 110,0 | 125,0 | 0,0 |
| 140kg | 280,5 | 215,0 | 220,0 | 215,0 | 252,5 | 250,0 | 280,0 | 220,0 | 170,0 | 151,0 | 115,0 | 0,0 | 0,0 | 0,0 |
| 140+kg | 290,0 | 0,0 | 0,0 | 0,0 | 200,0 | 230,0 | 212,5 | 150,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |

Womens

- 48 kg
- 52 kg
- 56 kg
- 60 kg
- 67.5 kg
- 75 kg
- 82.5 kg
- 90 kg
- 90+ kg

| | | | | | | | | | | | | | | |
|---------|-------|------|------|------|-------|-------|-------|-------|-------|-------|------|------|-----|-----|
| 48 kg | 50,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 50,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| 52 kg | 90,0 | 62,5 | 45,0 | 40,0 | 0,0 | 82,5 | 0,0 | 0,0 | 0,0 | 55,0 | 57,5 | 0,0 | 0,0 | 0,0 |
| 56 kg | 110,0 | 60,0 | 50,0 | 52,5 | 65,0 | 0,0 | 62,5 | 35,0 | 0,0 | 0,0 | 56,0 | 0,0 | 0,0 | 0,0 |
| 60 kg | 120,0 | 60,0 | 95,0 | 62,5 | 70,0 | 80,0 | 92,5 | 65,0 | 0,0 | 37,5 | 0,0 | 0,0 | 0,0 | 0,0 |
| 67.5 kg | 130,5 | 65,0 | 70,0 | 70,0 | 92,5 | 130,5 | 105,0 | 0,0 | 107,5 | 105,0 | 0,0 | 45,0 | 0,0 | 0,0 |
| 75 kg | 105,0 | 60,0 | 50,0 | 95,0 | 90,0 | 85,0 | 0,0 | 47,0 | 0,0 | 0,0 | 75,0 | 0,0 | 0,0 | 0,0 |
| 82.5 kg | 115,0 | 0,0 | 0,0 | 77,5 | 101,0 | 95,0 | 90,0 | 115,0 | 72,5 | 0,0 | 80,0 | 0,0 | 0,0 | 0,0 |
| 90 kg | 140,0 | 60,0 | 0,0 | 0,0 | 0,0 | 0,0 | 57,5 | 110,0 | 135,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| 90+ kg | 141,5 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 65,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |

WUAP European Records - RAW Benchpress - Men and Women

| Men | Open | | | |
|---------|-------|---------------|-----|------|
| 56 kg | 140,0 | N. Tunkel | Hun | WM14 |
| 60 kg | 146,0 | P.Jesiak | POL | EM18 |
| 67.5 kg | 195,0 | D. Skrzyński | Pol | EM15 |
| 75 kg | 190,0 | J.Chrzanowski | Pol | EM18 |
| 82.5 kg | 232,5 | A.Miksa | POL | EM18 |
| 90 kg | 230,0 | A.Miksa | POL | WM17 |
| 100 kg | 232,5 | A Olah | Hun | EM16 |
| 110 kg | 270,0 | R.Zawadzki | POL | EM18 |
| 125 kg | 255,5 | J.Vdovychenko | UKR | WM17 |
| 140 kg | 280,5 | L. Mészáros | HUN | WM18 |
| 140+ kg | 290,0 | M.Rudzinski | Pol | WM16 |

| Submaster | | | |
|-----------|-------------------|-----|------|
| 87,5 | P. Balážik | SVK | EM15 |
| 90,0 | Z. Heidinger | Hun | EM16 |
| 130,0 | L. Simon | Hun | EM16 |
| 140,0 | E. Gregorcic | Slo | WM14 |
| 177,5 | J. Podzuweit (PL) | GER | EM15 |
| 210,0 | P. Szypula | Pol | EM15 |
| 215,0 | S Didvyk | Ukr | EM16 |
| 230,0 | M.Moro | BiH | WM17 |
| 248,0 | B.Kachelski | POL | EM18 |
| 252,5 | P.Hulin | GER | WM17 |
| 200,0 | T. Andrzejczak | POL | EM15 |

| Junior | | | |
|--------|---------------|-----|------|
| 132,5 | G.Sztanó | HUN | EM18 |
| 110,0 | K. Ambrus | Hun | EM16 |
| 127,5 | J.Friedrich | GER | EM17 |
| 190,0 | J.Chrzanowski | Pol | EM18 |
| 186,0 | P.Duraj | POL | WM17 |
| 200,0 | D.Rizmayer | HUN | WM17 |
| 215,0 | D. Budai | Hun | EM15 |
| 220,0 | A.Gogolinski | POL | WM17 |
| 240,0 | K. Karosán | Hun | EM16 |
| 215,0 | M.Viktor | HUN | WM18 |
| | | | |

| Women | Open | | | |
|---------|-------|-------------|-----|------|
| 48 kg | 50,0 | Z. Horváth | Hun | EM16 |
| 52 kg | 90,0 | M.Golob | SLO | EM17 |
| 56 kg | 110,0 | M. Halas | POL | EM15 |
| 60 kg | 120,0 | M.Halas | POL | EM18 |
| 67.5 kg | 130,5 | R. Nagy | Hun | EM16 |
| 75 kg | 105,0 | M.Chachula | POL | EM18 |
| 82.5 kg | 115,0 | S.Sinacheva | RUS | WM18 |
| 90 kg | 140,0 | N.Otter | GER | EM17 |
| 90+ kg | 141,5 | E. Ulveczki | Hun | EM16 |

| Submaster | | | |
|-----------|---------------|-----|------|
| | | | |
| 65,0 | D.Adamkiewicz | Ger | WM16 |
| 70,0 | P. Szabo | Hun | EM16 |
| 92,5 | E. Simova | SVK | EM15 |
| 90,0 | T.Magulova | SVK | WM18 |
| 101,0 | E. Manzera | Hun | EM16 |
| | | | |
| | | | |

| Junior | | | |
|--------|-------------|-----|------|
| | | | |
| 40,0 | V. Kanta | Hun | EM16 |
| 52,5 | D. Torok | Hun | EM16 |
| 62,5 | W.Paga | POL | EM18 |
| 70,0 | M.Zawadzka | POL | WM16 |
| 95,0 | M.Zawadzka | POL | EM18 |
| 77,5 | M. Lachmann | HUN | EM15 |
| | | | |
| | | | |

WUAP European Records - RAW Benchpress - Men and Women

Men
56 kg
60 kg
67.5 kg
75 kg
82.5 kg
90 kg
100 kg
110 kg
125 kg
140 kg
140+ kg

| T16-17 | | | | |
|--------|---------------|-----|------|--|
| 90,0 | T.Huschenbett | GER | WM17 | |
| 95,0 | V.Sereda | UKR | WM18 | |
| 150,0 | L.Kozak | HUN | WM17 | |
| 135,0 | I.Gyuricska | HUN | WM17 | |
| 145,0 | M. Adamove | Svk | WM14 | |
| 140,5 | D. Pjanovic | Srb | EM16 | |
| 160,0 | N.Biermordt | GER | WM17 | |
| 163,0 | A.Maryška | CZE | Wm18 | |
| 125,0 | A.Verboi | HUN | EM17 | |
| 215,0 | L.Gálik | SVK | WM18 | |
| | | | | |

| T18-19 | | | | |
|--------|--------------------|-----|------|--|
| 112,5 | P.Vójcyk | POL | EM18 | |
| 127,5 | V.Kosiuk | UKR | WM18 | |
| 172,5 | J.Chrzanowski | POL | EM17 | |
| 171,0 | A.Perki | HUN | WM17 | |
| 170,0 | O. Fazekas (PL) | HUN | EM15 | |
| 200,0 | O. Fazekas | Hun | EM16 | |
| 190,0 | P.Podraczky | HUN | WM17 | |
| 192,5 | B.Bihi | HUN | Wm18 | |
| 220,0 | E. Karacsondi (PL) | Hun | WM14 | |
| | | | | |

Women
48 kg
52 kg
56 kg
60 kg
67.5 kg
75 kg
82.5 kg
90 kg
90+ kg

| T16-17 | | | | |
|--------|----------------|-----|------|--|
| 62,5 | S. Bartha | Hun | WM16 | |
| 60,0 | V.Kurnat | UKR | US17 | |
| 60,0 | R. Bohus | Hun | EM16 | |
| 65,0 | V. Balla | Hun | EM16 | |
| 60,0 | J.Mis | POL | EM18 | |
| 60,0 | V. Spodniakova | Svk | WM14 | |
| | | | | |

| T18-19 | | | | |
|--------|--------------|-----|------|--|
| 45,0 | D. Ruznyak | Hun | EM16 | |
| 50,0 | T. Babos | Hun | EM16 | |
| 95,0 | B. Biro | Hun | EM16 | |
| 70,0 | E. Serfozo | Hun | EM16 | |
| 50,0 | L.Chorvátová | SVK | WM18 | |
| | | | | |

WUAP European Records - RAW Benchpress - Men and Women

| Men | M40-44 | | | |
|---------|--------|--------------|-----|------|
| 56 kg | | | | |
| 60 kg | | | | |
| 67.5 kg | 140,0 | I.Repas | HUN | WM18 |
| 75 kg | 167,5 | N.Hajas | HUN | WM16 |
| 82.5 kg | 173,0 | L. Cseh | Hun | WM18 |
| 90 kg | 191,0 | J.Kišš | SVK | WM18 |
| 100 kg | 220,0 | H. Yazichyan | POL | EM15 |
| 110 kg | 240,0 | V.Kuzel | CZE | WM18 |
| 125 kg | 217,5 | P. Diethalm | CH | WM14 |
| 140 kg | 250,0 | I.Muhić | BIH | WM18 |
| 140+ kg | 230,0 | T.Weglinski | POL | WM18 |

| M45-49 | | | |
|--------|----------------|-----|------|
| 90,0 | R. Wick | Ger | WM14 |
| 85,0 | R. Wick | Ger | WM15 |
| 135,0 | Z.Gulajski | POL | EM17 |
| 168,0 | N.Hajos | Hun | WM17 |
| 180,5 | B.Kropidlowski | POL | WM17 |
| 222,5 | L. Kupcsik | Hun | EM16 |
| 210,5 | H.Yazichyan | Pol | WM18 |
| 220,0 | R.Lucas | Ger | WM16 |
| 220,0 | M.Gorzedowski | Pol | WM16 |
| 280,0 | L. Mészáros | HUN | EM15 |
| 212,5 | Z. Toth | HUN | EM15 |

| M50-54 | | | |
|--------|--------------------|-----|------|
| 95,0 | M.Jaedtke-Schulze | GER | Wm18 |
| 130,0 | W.Rampler | AUT | WM15 |
| 130,0 | J.Peska | CZE | WM17 |
| 173,5 | I.Gyuricska | HUN | WM17 |
| 220,0 | L.Kupcsik | HUN | WM17 |
| 195,0 | U.Haase | Ger | WM16 |
| 215,0 | K.Bożyczko-Jałocha | POL | EM18 |
| 195,0 | J.Orosz | SVK | WM18 |
| 220,0 | J. Orosz | SVK | EM16 |
| 150,0 | G. Koles | Hun | EM16 |

| Women | M40-44 | | | |
|---------|--------|------------|-----|------|
| 48 kg | | | | |
| 52 kg | 82,5 | D.Schopf | HUN | WM18 |
| 56 kg | | | | |
| 60 kg | 80,0 | K.Stasova | SVK | WM18 |
| 67.5 kg | 130,5 | R. Nagy | Hun | EM16 |
| 75 kg | 85,0 | M.Janzer | POL | WM16 |
| 82.5 kg | 95,0 | I. Dvorská | CZE | EM15 |
| 90 kg | | | | |
| 90+ kg | | | | |

| M45-49 | | | |
|--------|-------------------|-----|------|
| | | | |
| 62,5 | I.Egri | HUN | WM18 |
| 92,5 | P.Anasienicz | POL | WM17 |
| 105,0 | K.Schindlerné Kis | HUN | WM18 |
| | | | |
| 90,0 | K.Ribb | GER | WM18 |
| 57,5 | A.K. Miegel | Ger | WM14 |
| | | | |

| M50-54 | | | |
|--------|--------------|-----|------|
| 50,0 | Z. Horváth | Hun | EM16 |
| | | | |
| 35,0 | E.Szombatova | SVK | WM16 |
| 65,0 | B. Korkis | Pol | WM16 |
| | | | |
| 47,0 | D.Schafer | Ger | WM16 |
| 115,0 | S.Sinacheva | RUS | WM18 |
| 110,0 | L. Leiblová | CZE | EM15 |
| 65,0 | K.Puzio | POL | WM17 |

WUAP European Records - RAW Benchpress - Men and Women

| Men | M55-59 | | | |
|---------|--------|------------|-----|------|
| 56 kg | | | | |
| 60 kg | | | | |
| 67.5 kg | 135,0 | I. Toth | Hun | WM14 |
| 75 kg | 140,0 | U.Herfort | GER | WM18 |
| 82.5 kg | 155,0 | M.Suk | CZE | WM18 |
| 90 kg | 165,0 | F. Kutzsch | Ger | WM14 |
| 100 kg | 172,5 | T. Brauner | Hun | EM16 |
| 110 kg | 187,5 | I.Ágoston | HUN | WM18 |
| 125 kg | 190,0 | D.Berghoff | Ger | WM16 |
| 140 kg | 170,0 | P. Redzik | Pol | WM16 |
| 140+ kg | | | | |

| M60-64 | | | | |
|--------|-------|-------------|-----|------|
| | | | | |
| | 120,0 | I.Tóth | HUN | WM18 |
| | 112,5 | A. Kaliński | POL | EM15 |
| | 137,5 | H.Kaule | Ger | WM16 |
| | 147,5 | W. Seiler | Ger | WC14 |
| | 177,5 | R.Krayzel | CZE | WM18 |
| | 175,0 | G.Gapinski | POL | EM18 |
| | 160,0 | I.Eszenyi | HUN | WM18 |
| | 180,0 | M.Peterdi | CH | WM16 |
| | 151,0 | P.Redzik | POL | WM18 |
| | | | | |

| M65-69 | | | | |
|--------|-------|-------------|-----|------|
| | | | | |
| | 120,0 | J. Dziergwa | Ger | WM14 |
| | 115,0 | R.Dávid | Hun | WM18 |
| | 135,0 | G.Muller | GER | WM17 |
| | 157,0 | I. Paljuk | UKR | EM17 |
| | 160,0 | K.Schoula | GER | WM18 |
| | 157,5 | U.Vetter | GER | WM17 |
| | 160,0 | J.Hakl | CZE | WM17 |
| | 115,0 | R.Rozanski | POL | EM18 |
| | | | | |

| Women | M55-59 | | | |
|---------|--------|-------------|-----|------|
| 48 kg | | | | |
| 52 kg | | | | |
| 56 kg | | | | |
| 60 kg | | | | |
| 67.5 kg | 107,5 | L. Zankl | Ger | WM14 |
| 75 kg | | | | |
| 82.5 kg | 72,5 | G. Witte | Ger | WM14 |
| 90 kg | 135,0 | L. Leiblova | Cze | WM17 |
| 90+ kg | | | | |

| M60-64 | | | | |
|--------|-------|-----------------|-----|------|
| | | | | |
| | 55,0 | I.Kaule | Ger | WM16 |
| | | | | |
| | 37,5 | K. Baranovicova | SVK | EM17 |
| | 105,0 | F. Kosztin | Hun | EM16 |
| | | | | |
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| M65-69 | | | | |
|--------|------|---------------|-----|------|
| | | | | |
| | 57,5 | I.Kalle | GER | WM18 |
| | 56,0 | S. Sack | Ger | WM16 |
| | | | | |
| | 75,0 | U. Eulenstein | Ger | WM14 |
| | 80,0 | U. Eulenstein | Ger | WM16 |
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WUAP European Records - RAW Benchpress - Men and Women

| Men | M70-74 | | | |
|---------|--------|-------------|-----|------|
| 56 kg | | | | |
| 60 kg | | | | |
| 67.5 kg | 82,5 | A.Vigh | GER | WM17 |
| 75 kg | 122,5 | R.Sack | GER | EM17 |
| 82.5 kg | 125,0 | I. Réz | HUN | EM15 |
| 90 kg | 140,0 | A. Stolz | Aut | WM14 |
| 100 kg | 143,5 | M.Orlowski | POL | WM18 |
| 110 kg | 116,0 | M.Juriš | SVK | WM18 |
| 125 kg | 110,0 | H. Kuhlmeiy | GER | EM15 |
| 140 kg | | | | |
| 140+ kg | | | | |

| M75-79 | | | | |
|--------|-------|-------------|-----|------|
| | | | | |
| | | | | |
| | 100,0 | H.Klein | Ger | WM16 |
| | | | | |
| | 120,0 | L.Kollár | SVK | WM18 |
| | 40,0 | J. Hagymasi | Hun | EM16 |
| | 108,0 | H.Dosin | GER | WM18 |
| | | | | |
| | 125,0 | H.Kuklmey | GER | WM18 |
| | | | | |
| | | | | |

| M80+ | | | | |
|------|------|------------------|-----|------|
| | | | | |
| | | | | |
| | 47,5 | D.Schweitzer | GER | EM18 |
| | 65,0 | G.Wachs | GER | WM17 |
| | 73,0 | Dr.C. Keszthelyi | Hun | EM16 |
| | | | | |
| | | | | |
| | | | | |
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| Women | M70-74 | | | |
|---------|--------|---------|-----|------|
| 48 kg | | | | |
| 52 kg | | | | |
| 56 kg | | | | |
| 60 kg | | | | |
| 67.5 kg | 45,0 | I.Cedel | GER | WM17 |
| 75 kg | | | | |
| 82.5 kg | | | | |
| 90 kg | | | | |
| 90+ kg | | | | |

| M75-79 | | | |
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| M80+ | | | |
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