



# WUAP European Records

## BENCHPRESS EQ

Men and Women



Mens	Open	TEENS	JUNIOR	M1 40-49	M2 50-59	M3 60-69	M4 70-74	M5 75+
67.5kg	205,0	190,0	205,0	165,0	155,0	135,0	122,5	112,5
82.5kg	280,0	250,0	280,0	200,0	185,0	166,0	155,5	110,0
95kg	286,0	250,0	275,0	285,5	220,5	182,5	165,5	123,0
110kg	370,0	291,0	330,0	285,0	265,0	270,0	200,0	0,0
125kg	385,0	330,0	360,0	342,5	310,0	217,5	190,0	0,0
125+kg	455,0	250,0	280,0	342,5	275,0	202,5	0,0	0,0

Womens	Open	TEENS	JUNIOR	M1 40-49	M2 50-59	M3 60-69	M4 70-74	M5 75+
52 kg	85,0	85,0	55,0	65,0	61,5	62,5	0,0	0,0
60 kg	130,0	100,0	100,0	75,5	82,5	93,0	0,0	0,0
67.5 kg	170,0	105,0	117,5	170,0	105,0	92,5	0,0	0,0
82.5 kg	180,0	120,0	170,0	160,0	143,0	77,5	0,0	0,0
82,5+ kg	190,0	70,0	0,0	127,5	107,5	95,5	0,0	0,0

# WUAP European Records

## BENCHPRESS EQ

### Men and Women

#### MEN

OPEN				
67,5	205,0	M. Herak	Svk	WM17
82,5	280,0	G. Kováč	SVK	EM15
95	286,0	O. Bazilevich	Ukr	WC07
110	370,0	Z. Csepregi	Hun	W12
125	385,0	Z. Csepregi	Hun	W14
125+	455,0	R.Buda	HUN	WM21

TEENS				
190,0	M. Herak	Svk	EM16	
250,0	G. Kováč	Svk	W13	
250,0	M. Adamove	SVK	EM15	
291,0	M. Adamove	Svk	EM16	
330,0	J.Velgos	SVK	WM18	
250,0	N. Mikula	Hun	E12	

JUNIOR				
205,0	M. Herak	Svk	WM17	
280,0	G. Kováč	SVK	EM15	
275,0	A. Krymov	Ukr	W05	
330,0	G. Katona	Hun	E13	
360,0	R. Buda	HUN	WM16	
280,0	P.Sakala	SVK	WM18	

#### WOMEN

OPEN				
52	85,0	D. Hojsiková	Svk	WC09
60	130,0	D. Liptáková	Svk	W12
67,5	170,0	R. Nagy	Hun	EM16
82,5	180,0	J. Kosturová	Svk	WM16
82,5+	190,0	L. Hayduchenko	Ukr	W05

TEENS				
85,0	D. Hojsiková	Svk	WC09	
100,0	D. Hojsiková	Svk	E11	
105,0	V. Varga	Hun	E12	
120,0	V. Varga	Hun	W12	
70,0	V. Spodniaková	SVK	W14	

JUNIOR				
55,0	J. Jansone	Lat	W12	
100,0	M. Golob (pl)	Slo	E13	
117,5	J. Kostúrová (pl)	Svk	E09	
170,0	J. Kostúrová	Svk	E13	

# WUAP European Records

## BENCHPRESS EQ

### Men and Women

<b>MEN</b>	<b>M1 40-49</b>			
<b>67,5</b>	165,0	R. Wick	Ger	W10
<b>82,5</b>	200,0	M. Kamenský	Svk	W12
<b>95</b>	285,5	L. Kupcsik	Hun	W07
<b>110</b>	285,0	A.Smutny	SVK	EM19
<b>125</b>	342,5	L. Mészáros	Hun	E10
<b>125+</b>	342,5	L. Mészáros	Hun	W10

<b>M2 50-59</b>			
155,0	W. Rampler	AUT	WM15
185,0	D. Heinrich (pl)	Ger	W13
220,5	J. Sztanke	Hun	E13
265,0	F.Balázs	HUN	WM21
310,0	V.Kudi	CZE	WM17
275,0	J. Orosz	Svk	E14

<b>M3 60-69</b>			
135,0	H. Klein	Ger	W09
166,0	W. Hökendorf (pl)	Ger	W13
182,5	R. Schubert	Ger	W07
270,0	W. Grabowski	Pol	WC13
217,5	J.Nussbaumer	AUT	WM18
202,5	J. Péter	Svk	W12

<b>WOMEN</b>	<b>M1 40-49</b>			
<b>52</b>	65,0	T. Manning	Aut	2003
<b>60</b>	75,5	M. Zavzonilová	CZE	EM15
<b>67,5</b>	170,0	R. Nagy	Hun	EM16
<b>82,5</b>	160,0	R.Nagy	HUN	WM21
<b>82,5+</b>	127,5	M. Wysocka	Pol	W10

<b>M2 50-59</b>			
61,5	I. Kaule	Ger	W12
82,5	I. Gehringer (pl)	Ger	W10
105,0	L. Zanki (pl)	Ger	W13
143,0	L. Leiblová	Cz	E14
107,5	E. Lucas	Ger	W12

<b>M3 60-69</b>			
62,5	I.Kaule	GER	WM18
93,0	I. Rinas	Ger	W14
92,5	I. Rinas (pl)	Ger	W13
77,5	U. Eulenstein	Ger	W14
95,5	I. Hagge	Ger	W13

# WUAP European Records

## BENCHPRESS EQ

Men and Women

### MEN

	M4 70-74			
67,5	122,5	E. Trichlin	Aut	W13
82,5	155,5	L.Jobbágy	HUN	Wm18
95	165,5	A. Stolz	Aut	EM15
110	200,0	H.Reimann	GER	WM22
125	190,0	J.Nussbaumar	AUT	WM21
125+				

	M5 75+			
	112,5	H.Klein	Ger	WM16
	110,0	E. Mathis	Aut	W13
	123,0	K. Merta	Ger	WM16

### WOMEN

	M4 70-74			
52				
60				
67,5				
82,5				
82,5+				

	M5 75+			