

WUAP World Cup 2013
Benchpress
09.-10. 11.2013 - Zalesie / Poland



R.	Name	Lastname	Country	Age	Weight	Devision	Class	Bench1	Bench2	Bench3	Bench4	Total	ent R.	Reshel	McC	McCullough
Teeneger																
1	Dawid	Wykowski	Poland	17	71,6	T16-17	75	125	132,5	137,5		137,5	1,170	160,875		
1	Kamil	Lipinski	Poland	17	78,1	T16-17	82,5	110	145	145		145	1,078	156,310		
1	Przemyslaw	Gruchala	Poland	17	89,0	T16-17	90	100	115	125		115	0,976	112,240		
1	Pawel	Szczurowski	Poland	19	81,7	T18-19	82,5	80	90	95		95	1,039	98,705		
Junior																
1	Lukasz	Siawluk	Poland	21	59,9	Junior	60	90	100	110		100	1,432	143,200		
1	Daniel	Nowak	Poland	22	65,5	Junior	67,5	80	90	95		80	1,279	102,320		
1	Pawel	Czempiel	Poland	21	70,1	Junior	75	130	137,5	145		137,5	1,194	164,175		
1	Adrian	Kopania	Poland	20	75,4	Junior	82,5	140	180	190		190	1,114	211,660		
2	Pawel	Szudejko	Poland	20	78,3	Junior	82,5	135	142,5	150		150	1,075	161,250		
3	Tomasz	Ossowski	Poland	21	76,0	Junior	82,5	110	120	130		130	1,103	143,390		
1	Szymon	Wykowski	Poland	23	101,0	Junior	110	205	225	232,5		225	0,911	204,975		
2	Dmytro	Hosman	Ukraine	21	109,8	Junior	110	185	195	205		205	0,885	181,425		
1	Mateusz	Skrzat	Poland	21	112,0	Junior	125	130	140	150		140	0,879	123,060		
Women																
1	Katarzyna	Lorenc	Poland	17	53,0	T16-17	56	40	42,5	42,5		42,5	2,028	86,190		
1	Marlena	Sosidko	Poland	16	57,0	T16-17	60	50	65	65		50	1,869	93,450		
Masters																
1	Mariusz	Koczot	Poland	42	85,0	M40-44	90	125	130	135		135	1,006	135,810	1,014	137,711
1	Arkadiusz	Herold	Poland	40	98,9	M40-44	100	250	250	260	275,5 wf	260	0,92	239,200	1,000	239,200
2	Marek	Machnik	Poland	40	99,0	M40-44	100	120	125	130		130	0,919	119,470	1,000	119,470
1	Zygmunt	Wysocki	Poland	47	81,2	M45-49	82,5	160	193 wf	193 wf		160	1,044	167,040	1,096	183,076
1	Viktor	Pastuchov	Ukraine	45	83,6	M45-49	90	150	165	175		175	1,019	178,325	1,060	189,025
1	Wieslaw	Dominik	Poland	48	129,3	M45-49	140	245	245	260		245	0,852	208,740	1,114	232,536
1	Gustaw	Marcinkowski	Poland	50	87,3	M50-54	90	140	160	165		165	0,988	163,020	1,150	187,473
1	Witold	Golus	Sweden	52	97,4	M50-54	100	50	60	65		65	0,926	60,190	1,187	71,446
1	Waldemar	Naciewicz	Poland	50	124,1	M50-54	125	260 wf	260 wr	270 wr		270 wr	0,859	231,930	1,150	266,720
1	Zdzislaw	Lesniewski	Poland	55	79,7	M55-59	82,5	75	75	90		75	1,060	79,500	1,250	99,375
1	Krzysztof	Kolodziej	Poland	59	89,4	M55-59	90	160	165	175		175	0,974	170,450	1,350	230,108
1	Wieslaw	Wrobel	Poland	56	94,2	M55-59	100	165	170	175		170	0,942	160,140	1,273	203,858
1	Stanislaw	Kozeko	Poland	56	102,4	M55-59	110	180	200	210		200	0,908	181,600	1,273	231,177
2	Marian	Knuth	Poland	55	106,5	M55-59	110	145	150	150		145	0,894	129,630	1,250	162,038
3	Wojciech	Nitecki	Poland	58	109,8	M55-59	110	130	140	150		140	0,885	123,900	1,322	163,796
1	Wojciech	Borzechowski	Poland	55	111	M55-59	125	140	150	152,5		152,5	0,882	134,505	1,250	168,131
1	Antoni	Kalinski	Poland	60	66,1	M60-64	67,5	116 wr	122,5 wr	127,5 wr	130 wr	127,5 wr	1,268	161,670	1,380	223,105
1	Bernard	Hojka	Poland	60	74,5	M60-64	75	100	122,5	122,5		122,5	1,124	137,690	1,380	190,012
1	Waldemar	Jozwik	Poland	61	99,8	M60-64	100	90	95	100		100	0,916	91,600	1,410	129,156

1	Wojciech	Grabowski	Poland	62	109	M60-64	110	260 wr	270 wr	280 wff		270 wr	0,887	239,490	1,440	344,866
1	Sylwester	Kubacki	Poland	69	80,2	M65-69	82,5	75	75	85		85	1,054	89,590	1,664	149,078
1	Jan	Matej	Slovakia	66	87,5	M65-69	90	135	142,5	150		150	0,987	148,050	1,565	231,698
Submasters																
1	Marcin	Herok	Poland	38	69,7	Submaster	75	110	140	140		110	1,202	132,220		
1	Igors	Marudins	Latvia	37	80,4	Submaster	82,5	120	125	130		130	1,051	136,630		
1	Mihails	Rekaikins	Latvia	37	89,4	Submaster	90	160	170	175		175	0,974	170,450		
2	Robert	Hojka	Poland	35	89,9	Submaster	90	100	135	140		140	0,97	135,800		
—	Krzysztof	Zakrzewski	Poland	38	89,6	Submaster	90	270 wff	280 wff	287,5 wff			0,972	0,000		
1	Juliusz	Zbierski	Poland	39	96,0	Submaster	100	215	225	232,5		225	0,932	209,700		
1	Mirosław	Zakrzewski	Poland	39	111,1	Submaster	125	270	280	280		280	0,882	246,960		
Open																
1	Ivo	Dittrich	Czech rep.	34	68,9	Open	75	140	150	160		160	1,215	194,400		
1	Marcin	Ciolek	Poland	33	76,4	Open	82,5	190	190	200		200	1,100	220,000		
2	Tomasz	Zielinski	Poland	29	80,5	Open	82,5	190	195	202,5		195	1,048	204,360		
3	Lukasz	Arbuzinski	Poland	33	81,9	Open	82,5	170	175	175		175	1,036	181,300		
—	Przemysław	Komarski	Poland	28	88,8	Open	90	180	180	180			0,978	0,000		
1	Piotr	Herold	Poland	29	99,9	Open	100	300	320,5 wr	342,5 wr		342,5 wr	0,916	313,730		
2	Krzysztof	Celinski	Poland	33	99,8	Open	100	240	250	270		250	0,916	229,000		
3	Marek	Machnik	Poland	40	99	Open	100	120	125	130		125	0,919	114,875	1,000	114,875
1	Piotr	Slapa	Poland	30	109	Open	110	270	280	280		270	0,887	239,490		
2	Marek	Krzyszczak	Poland	33	104,1	Open	110	210	220	230		230	0,901	207,230		
—	Piotr	Bosek	Poland	23	109,9	Open	110	220	220	220			0,885	0,000		
—	Waldemar	Nacewicz	Poland	51	124,1	Open	125	260					0,859	0,000	1,168	0,000
1	Marcin	Wawrykow	Poland	27	130	Open	140	150	180	180		180	0,851	153,180		
1	Adam	Nalewajk	Poland	26	141,2	Open	140+	100	155	170		155	0,839	130,045		
Guest	Rafal	Koczot	Poland	14	73,2		75	90	95	100		100	1,147	114,7		
Guest	Tomasz	Bejgrowicz	Poland	34	100,1	Open	110	90	100	120		100	0,915	91,5		
Guest	Wieslaw	Dabrowski	Poland	74	72	M70-74	75	60	70	75		75	1,162	87,150	1,860	162,099